Øksnevadskogen Plass Navn

Strekktider

Damer 16 - 39 år

1	Elin (Granel	and				89						32:48	2						
-	02:36=			09.33=	09.57=			13.23=	14.37=	15.22=	17.48=	19.58=			27.25=	29.35=	31.06=	31 • 43=	32.48=	
	01:20=																			
	00:00=																			
2				Levera		_	54						33:37	-						
03:06+	04:21+					10:20-	12:13-	12:54-	14:00-	14:43-	16:36-	18:34-			29:04+	30:52+	32:10+	32:48+	33:37+	
03:06+	01:15-	01:30+	02:50-	00:44-	00:30+	00:25-	01:53-	00:41-	01:06-	00:43-	01:53-	01:58-	06:13+	02:20-	01:57-	01:48-	01:18-	00:38+	00:49-	
01:500	00:05-	00:14#	02:01-	00:06-	00:06#	00:03-	00:18-	00:06-	00:08-	00:02-	00:33-	00:12-	03:360	00:16-	00:17-	00:22-	00:13-	00:01+	00:16-	
3		e Berg					17						33:49							
	02:00-																			
	01:11-																			
00:27-	00:09-	00:08#	01:47-	00:00=	00:08&	00:17&	00:13-	00:02+	00:04-	00:03+	00:12+	00:12+	02:03&	00:00=	00:12+	00:04-	00:19#	00:01+	00:08#	
4	Rønn	aug E	aelan	d		9)3						33:57	7						
00:51-	02:37+				08:11-	09:03-	09:28-	11:35-	12:31-	13:47-	14:37-	17:10-	19:33-	22:34-	25:33-	28:18-	30:39-	32:16+	33:00+	33:57+
00:51-	01:46+	01:30+	02:36-	01:01+	00:27+	00:52+	00:25-	02:07+	00:56-	01:16+	00:50-	02:33+	02:23-	03:01+	02:59+	02:45+	02:21+	01:37+	00:44-	00:57+
00:25-	00:26&	00:14#	02:15-	00:11#	00:03#	00:24&	01:46-	01:20@	00:18-	00:31&	01:36-	00:23#	00:14-	00:25#	00:45&	00:35&	00:50&	01:000	00:21-	00:57+
5	Δnina	ı İselir	h Hadl	and		2	29						34:04	1						
00.41-	02:10-				07.11-			10.57-	13.14-	14.00-	16.52-	19.00-	• • • •	-	28·10+	30.25+	32.15+	32.58+	34.04+	
	01:29+																			
	00:09#																			
6		Lange					17						34:56							
00:55-	02:17-			07:23-	07:56-	08:29-	10:51-	11:45-	13:13-	14:00-	16:51-	19:36-	23:26+	26:17+	29:06+	31:32+	33:07+	33:48+	34:56+	
00:55-	01:22+	01:22+	02:45-	00:59+	00:33+	00:33+	02:22+	00:54+	01:28+	00:47+	02:51+	02:45+	03:50+	02:51+	02:49+	02:26+	01:35+	00:41+	01:08+	
00:21-	00:02+	00:06+	02:06-	00:09#	00:09&	00:05#	00:11+	00:07#	00:14#	00:02+	00:25#	00:35&	01:13&	00:15+	00:35&	00:16#	00:04+	00:04#	00:03+	
7	Mari '	Thu Ra	andul	ff		2	39						36:51	1						
01.15-	04:25+				10.33+			13.47+	16.26+	17.09+	19.24+	21.08+			31.29+	33.49+	35.23+	36.10+	36.51+	
	03:10+																			
	01:500																			
0		Norda					26						38:33	-						
02.001	04:38+			10.101	10.51			15.061	16.221	17.27.	20.221	22.10		-	22.021	24.271	26.221	27.15	20.221	
	04:30+																			
	00:10#																			
9		n Hera	• •	• -	00.004	_	′ 6	00.174	00.101	00.001	00.001	00.104	38:54	-	00.12	00.111	00.004	00.001	00.101	
•	03:37+				10.05	-	-	12.261	14.50	15.47	17.50	21.111		-	22.121	25.54	27.221	27.57	20.5/1	
	03:37+																			
	00:27&																			
	-		_	00.104	00.001			00.001	00.001	00.01	00.10	01.000		-	00.11	00.02	00.02	00.00	00.00	
10		Bjella					16				4.0.05.		39:36							
	04:24+																			
	01:41+ 00:21&																			
				00:23@	00:04#			00:09#	00:09#	00:09#	00:12+	01:230			00:490	00:30#	00:57@	00:100	00:13#	
11		l Sime					01						40:21							
	02:32-																			
	01:36+																			
00:20-	00:16#	00:15#	01:28-	00:12#	00:11&	00:11&	00:31#	01:38@	00:35&	00:16&	00:35#	00:34&	01:30&	00:36#	00:36&	00:33&	00:27&	00:08#	00:17&	
12		orill E					16						41:27							
	02:04-																			
	01:24+																			
00:36-	00:04+	00:07+	01:02-	00:09#	00:08&	00:08&	00:38&	00:19&	02:27@	00:07#	00:10+	02:40@	01:07&	00:22#	00:44&	00:11+	00:31&	00:13&	00:12#	
13	Åsta	Bryne				3	887						41:49	3						
00:44-	02:25-	04:32+	08:46+	09:51+	10:20+	10:54+	11:17-	13:58+	14:54+	16:08+	16:53-	19:26-	24:00+	32:21+	34:45+	36:54+	38:41+	40:16+	40:54+	41:49+
	01:41+																			
00:32-	00:21&	00:51&	00:37-	00:15&	00:05#	00:06#	01:48-	01:540	00:18-	00:29&	01:41-	00:23#	01:57&	05:450	00:10+	00:01-	00:16#	00:580	00:27-	00:55+
14	Heae	Bakke	<u>en</u>			ļ	53						41:54	1						
	04:43+			12:06+	12:33+	-		16:58+	18:36+	19:28+	22:27+	25:14+		-	35:52+	38:15+	39:55+	40:43+	41:54+	
	01:42+																			
	00:22&																			

Klasse

Plass	Navr	ı					Klasse)					Tid							
15	Kiers	sti Far	ndrem	Høivik	7		58						42:03	3						
	05:52+					12:23+	14:36+	15:26+	17:34+	18:23+	21:00+	23:15+		-	36:22+	38:35+	40:20+	40:59+	42:03+	
03:56+	01:56+	01:31+	03:12-	00:50=	00:26+	00:32+	02:13+	00:50+	02:08+	00:49+	02:37+	02:15+	08:24+	02:33-	02:10-	02:13+	01:45+	00:39+	01:04-	
02:40@	00:36&	00:15#	01:39-	00:00=	00:02+	00:04#	00:02+	00:03+	00:54&	00:04+	00:11+	00:05+	05:47@	00:03-	00:04-	00:03+	00:14#	00:02+	00:01-	
16	Mare	n Thu				4	386						42:47	7						
	02:12-		-	08:22-	08:48-			14:43+	16:50+	17:39+	20:00+	25:01+	31:46+	34:27+	36:43+	39:11+	41:17+	41:57+	42:47+	
00:39-	01:33+	01:20+	04:02-	00:48-	00:26+	00:35+	04:38+	00:42-	02:07+	00:49+	02:21-	05:01+	06:45+	02:41+	02:16+	02:28+	02:06+	00:40+	00:50-	
00:37-	00:13#	00:04+	00:49-	00:02-	00:02+	00:07#	02:270	00:05-	00:53&	00:04+	00:05-	02:510	04:080	00:05+	00:02+	00:18#	00:35&	00:03+	00:15-	
17	Ingri	d Lyc	ke Aus	stbø			109						43:10)						
00:42-	03:02+	04:29+	08:32-	09:27-	09:51-	10:36+	12:55+	13:45+	18:43+	19:34+	21:44+	23:50+	26:13+	32:48+	35:27+	37:29+	39:18+	41:23+	42:07+	43:10
	02:20+																			
00:34-	01:00&	00:11#	00:48-	00:05#	00:00=	00:17&	00:08+	00:03+	03:440	00:06#	00:16-	00:04-	00:14-	03:590	00:25#	00:08-	00:18#	01:280	00:21-	01:03
18	Ingvi	ild Am	alikse	n			116						43:23	3						
	05:24+																			
	01:42+																			
02:260	00:22&	00:34&	00:24+	00:14&	00:00=	00:14&	00:15#	00:15&	01:320	00:03+	00:16#	00:04-	02:18&	00:15+	00:18#	00:08+	00:24&	00:10&	00:31&	
19	Mari	ta Nav	vjord N	licolay	sen		71						45:28	3						
	04:44+																			
	01:55+																			
	00:35&				00:05#			00:13&	00:47&	00:17&	00:04-	02:470			00:06+	00:26#	01:13&	00:07#	00:09#	
20			lian Øy				126						45:36	-						
	06:49+																			
	01:39+																			
	00:19#	_		-	-			00:1/&	00:39&	00:21&	00:39&	00:41&			01:01%	00:1/#	00:23&	00:13&	00:03+	
21		-	.	n Lanc			92						47:23	-						
	03:36+																			
	02:35+ 01:15&																			
					00.220			00.300	00.390	00.200	03.400	00.000		_	01.210	01.170	00.550	00.120	00.190	
22				orenzo			93						57:41	-	40.05.			55 40.		
	07:00+ 02:25+																			
	02:25+																			
					00.124	00.004	00.171	00.204	00.004	00.200	05.200	00.100	00.000	00.001	00.201	01.000	00.100	00.104	00.044	
	strekk			-	00.20	00.05	00.00	00.41	00.50	00.42	00.45	01.44	00.00	00.00	01.57	01.40	01.10	00.24	00.20	
00:39	01:11	01:16	02:19	00:44	00:20	00:25	00:23	00:41	00:56	00:43	00:45	01:44	02:23	02:20	01:57	01:48	01:18	00:34	00:38	
= Som k	lassevin	ner, -	raskere,	, + sei	nere, #	10% ta	o, & 25	5% tap,	@ 100%	tap.										
Dame	er 40 -	- 49 å	r																	
1	lda K	. Kols	stø				29						29:57	7						

	iua r	\. r\U I3	ຣເຍ			4	13						23.51				
01:57=	03:01=	05:52=	07:08=	09:10=	09:37=	11:25=	12:17=	14:35=	16:25=	19:09=	20:53=	24:59=	27:11=	27:38=	28:52=	29:38=	29:57=
01:57=	01:04=	02:51=	01:16=	02:02=	00:27=	01:48=	00:52=	02:18=	01:50=	02:44=	01:44=	04:06=	02:12=	00:27=	01:14=	00:46=	00:19=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Ann	e Mari	e Gaus	sel		-	105						32:08	3			
06:07+	06:54+	09:15+	11:14+	13:06+	13:33+	15:14+	16:05+	18:01+	20:03+	22:32+	23:28+	27:15+	29:21+	29:44+	30:50+	31:47+	32:08+
06:07+	00:47-	02:21-	01:59+	01:52-	00:27=	01:41-	00:51-	01:56-	02:02+	02:29-	00:56-	03:47-	02:06-	00:23-	01:06-	00:57+	00:21+
04:100	00:17-	00:30-	00:43&	00:10-	00:00=	00:07-	00:01-	00:22-	00:12#	00:15-	00:48-	00:19-	00:06-	00:04-	00:08-	00:11#	00:02#
3	Toya	ah Brå	tveit			4	43						32:27	7			
01:43-	02:42-	04:55-	06:23-	08:12-	08:41-	11:00-	11:46-	13:20-	15:18-	20:55+	22:06+	25:58+	27:54+	28:20+	29:24+	32:06+	32:27+
01:43-	00:59-	02:13-	01:28+	01:49-	00:29+	02:19+	00:46-	01:34-	01:58+	05:37+	01:11-	03:52-	01:56-	00:26-	01:04-	02:42+	00:21+
00:14-	00:05-	00:38-	00:12#	00:13-	00:02+	00:31&	00:06-	00:44-	00:08+	02:53@	00:33-	00:14-	00:16-	00:01-	00:10-	01:560	00:02#
4	Brit	Nilsen				3	38						33:37	7			
02:03+	03:02+	05:47-	07:15+	09:19+	09:51+	11:58+	12:59+	15:10+	17:31+	21:37+	23:23+	28:09+	30:31+	31:05+	32:27+	33:14+	33:37+
02:03+	00:59-	02:45-	01:28+	02:04+	00:32+	02:07+	01:01+	02:11-	02:21+	04:06+	01:46+	04:46+	02:22+	00:34+	01:22+	00:47+	00:23+
00:06+	00:05-	00:06-	00:12#	00:02+	00:05#	00:19#	00:09#	00:07-	00:31&	01:22&	00:02+	00:40#	00:10+	00:07&	00:08#	00:01+	00:04#
5	Ran	di Hele	en Lad	sten		-	128						35:07	7			
02:31+	03:51+	07:19+	08:51+	11:03+	11:34+	14:02+	15:08+	17:16+	19:35+	22:25+	24:46+	29:26+	31:58+	32:28+	33:44+	34:40+	35:07+
02:31+	01:20+	03:28+	01:32+	02:12+	00:31+	02:28+	01:06+	02:08-	02:19+	02:50+	02:21+	04:40+	02:32+	00:30+	01:16+	00:56+	00:27+
00:34&	00:16#	00:37#	00:16#	00:10+	00:04#	00:40&	00:14&	00:10-	00:29&	00:06+	00:37&	00:34#	00:20#	00:03#	00:02+	00:10#	00:08&

Plass	Navi	n				ļ	Klasse	•					Tid				
6	Head	e Anita	a H. Ni	elsen		4	18						35:12	2			
02:46+					10:51+	13:29+	14:26+	16:50+	19:30+	22:25+	24:02+	29:17+	31:44+	32:14+	33:34+	34:48+	35:12+
02:46+	01:00-	02:58+	01:32+	02:09+	00:26-	02:38+	00:57+	02:24+	02:40+	02:55+	01:37-	05:15+	02:27+	00:30+	01:20+	01:14+	00:24+
00:49&	00:04-	00:07+	00:16#	00:07+	00:01-	00:50&	00:05+	00:06+	00:50&	00:11+	00:07-	01:09&	00:15#	00:03#	00:06+	00:28&	00:05&
7	Agne	es Hak	er			4	13						35:32	2			
02:09+	04:35+	08:07+	09:33+	11:54+	12:15+	14:40+	15:22+	17:24+	19:22+	23:31+	25:15+	30:17+	32:35+	33:02+	34:11+	35:07+	35:32+
02:09+	02:26+	03:32+	01:26+	02:21+	00:21-	02:25+	00:42-	02:02-	01:58+	04:09+	01:44=	05:02+	02:18+	00:27=	01:09-	00:56+	00:25+
00:12#	01:22@	00:41#	00:10#	00:19#	00:06-	00:37&	00:10-	00:16-	00:08+	01:25&	00:00=	00:56#	00:06+	00:00=	00:05-	00:10#	00:06&
8	Siri \	Warlar	nd			4	13						37:54	1			
02:23+	03:25+	08:37+	10:12+	12:15+	12:45+	15:25+	16:31+	18:46+	21:10+	24:57+	26:32+	32:13+	34:26+	34:59+	36:13+	37:22+	37:54+
02:23+	01:02-	05:12+	01:35+	02:03+	00:30+	02:40+	01:06+	02:15-	02:24+	03:47+	01:35-	05:41+	02:13+	00:33+	01:14=	01:09+	00:32+
00:26#	00:02-	02:21&	00:19#	00:01+	00:03#	00:52&	00:14&	00:03-	00:34&	01:03&	00:09-	01:35&	00:01+	00:06#	00:00=	00:23&	00:13&
9	Hele	n Han	eferd			1	27						45:08	3			
02:22+	03:30+	13:02+	14:41+	16:58+	17:27+	20:08+	21:14+	23:31+	26:20+	30:29+	33:26+	38:49+	41:34+	42:08+	43:32+	44:39+	45:08+
02:22+	01:08+	09:32+	01:39+	02:17+	00:29+	02:41+	01:06+	02:17-	02:49+	04:09+	02:57+	05:23+	02:45+	00:34+	01:24+	01:07+	00:29+
00:25#	00:04+	06:410	00:23&	00:15#	00:02+	00:53&	00:14&	00:01-	00:59&	01:25&	01:13&	01:17&	00:33#	00:07&	00:10#	00:21&	00:10&
10	Sølv	i Jaco	bsen			4	13						46:21				
05:03+				14:28+	15:14+	19:26+	20:34+	22:55+	25:38+	31:28+	33:23+	39:33+	42:16+	42:48+	44:17+	45:46+	46:21+
05:03+	01:05+	03:39+	01:38+	03:03+	00:46+	04:12+	01:08+	02:21+	02:43+	05:50+	01:55+	06:10+	02:43+	00:32+	01:29+	01:29+	00:35+
03:060	00:01+	00:48&	00:22&	01:01&	00:19&	02:24@	00:16&	00:03+	00:53&	03:060	00:11#	02:04&	00:31#	00:05#	00:15#	00:43&	00:16&
Beste	strekk	tid for	klass	en													
01:43	00:47	02:13	01:16	-	00:21	01:41	00:42	01:34	01:50	02:29	00:56	03:47	01:56	00:23	01:04	00:46	00:19
= Som k	lassevin	iner -	raskere	+ sei	nere #	10% tar	825	i% tap	<i>@</i> 100%	tan							

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Damer 50 - 59 år
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1 Elisabeth Christie Ørke 105 32:16 04:57= 05:54= 08:39= 10:43= 12:58= 13:18= 15:10= 16:02= 17:51= 19:57= 22:26= 23:23= 27:29= 29:37= 30:05= 31:10= 31:58= 32:16= 10:02= 17:51= 19:57= 10:02= 17:51= 19:57= 10:02= 17:51= 10:57= 10:02= 17:51= 10:02= 10:00= 10: 04:57= 00:57= 02:45= 02:04= 02:15= 00:20= 01:52= 00:52= 01:49= 02:06= 02:29= 00:57= 04:06= 02:08= 00:28= 01:05= 00:48= 00:18= 00: 00:00= 00: 2 Iren Undheim Øgreid 62 32:34 03:31- 04:22- 07:09- 08:28- 10:33- 10:59- 13:43- 14:35- 16:38- 18:43- 21:17- 22:23- 26:51- 29:14- 29:42- 31:01- 32:09+ 32:34+ 03:31- 00:51- 02:47+ 01:19- 02:05- 00:26+ 02:44+ 00:52= 02:03+ 02:05- 02:34+ 01:06+ 04:28+ 02:23+ 00:28= 01:19+ 01:08+ 00:25+ 01:26- 00:06- 00:02+ 00:45- 00:10- 00:06& 00:52& 00:00= 00:14# 00:01- 00:05+ 00:09# 00:22+ 00:15# 00:00= 00:14# 00:20& 00:07& 3 Kristin Skadsem 33:38 18 02:08- 03:10- 06:05- 07:37- 09:45- 10:23- 13:33- 14:34- 16:45- 18:53- 21:48- 22:53- 27:34+ 30:21+ 30:49+ 32:10+ 33:11+ 33:38+ 02:08- 01:02+ 02:55+ 01:32- 02:08- 00:38+ 03:10+ 01:01+ 02:11+ 02:08+ 02:55+ 01:05+ 04:41+ 02:47+ 00:28= 01:21+ 01:01+ 00:27+ 02:49- 00:05+ 00:10+ 00:32- 00:07- 00:18& 01:18& 00:09# 00:22# 00:02+ 00:26# 00:08# 00:35# 00:35# 00:39& 00:00= 00:16# 00:13& 00:09& Evv Klausen Miølsnes 62 33:40 02:15- 03:27- 06:42- 08:12- 10:37- 11:06- 13:25- 14:23- 17:45- 19:49- 22:38+ 24:04+ 28:30+ 30:50+ 31:15+ 32:28+ 33:15+ 33:40+ 02:15- 01:12+ 03:15+ 01:30- 02:25+ 00:29+ 02:19+ 00:58+ 03:22+ 02:04- 02:49+ 01:26+ 04:26+ 02:20+ 00:25- 01:13+ 00:47- 00:25+ 02:42- 00:15& 00:30# 00:34- 00:10+ 00:09& 00:27# 00:06# 01:33& 00:02- 00:20# 00:29& 00:20+ 00:12+ 00:03- 00:08# 00:01- 00:07& 27 5 33:54 Anne Siv Giertsen 02:30- 03:33- 06:19- 07:59- 10:17- 10:45- 12:48- 13:47- 16:11- 18:24- 21:44- 22:57- 27:58+ 30:34+ 31:02+ 32:26+ 33:27+ 33:54+ 02:30- 01:03+ 02:46+ 01:40- 02:18+ 00:28+ 02:03+ 00:59+ 02:24+ 02:13+ 03:20+ 01:13+ 05:01+ 02:36+ 00:28= 01:24+ 01:01+ 00:27+ 02:27- 00:06# 00:01+ 00:24- 00:03+ 00:08& 00:11+ 00:07# 00:35& 00:07+ 00:51& 00:16& 00:55# 00:28# 00:00= 00:19& 00:13& 00:09& 117 6 Marianne Fuglestad 34:09 02:21- 03:23- 06:30- 07:55- 10:27- 10:49- 13:23- 14:14- 16:13- 19:01- 23:12+ 24:26+ 28:42+ 30:59+ 31:32+ 32:46+ 33:42+ 34:09+ 02:21- 01:02+ 03:07+ 01:25- 02:32+ 00:22+ 02:34+ 00:51- 01:59+ 02:48+ 04:11+ 01:14+ 04:16+ 02:17+ 00:33+ 01:14+ 00:56+ 00:27+ 02:36- 00:05+ 00:22# 00:39- 00:17# 00:02# 00:42& 00:01- 00:10+ 00:42& 01:42& 00:17& 00:10+ 00:09+ 00:05# 00:09# 00:08# 00:09& 7 Toril Dahle 116 35:10 02:26- 03:31- 06:41- 08:06- 10:07- 11:06- 11:30- 14:35- 15:29- 18:22- 20:52- 23:51+ 25:05- 29:34- 31:48+ 32:14+ 33:30+ 34:48+ 35:10+ 02:26- 01:05+ 03:10+ 01:25- 02:01- 00:59+ 00:24- 03:05+ 00:54- 02:53+ 02:30+ 02:59+ 01:14- 04:29+ 02:14+ 00:26- 01:16+ 01:18+ 00:22+ 02:31- 00:08# 00:25# 00:39- 00:14- 00:39@ 01:28- 02:13@ 00:55- 00:47& 00:01+ 02:02@ 02:52- 02:21@ 01:46@ 00:39- 00:28& 01:00@ 00:22+ Signe Ottesen 116 8 35:40 02:27- 03:35- 06:37- 10:31- 12:34- 13:15- 15:23+ 16:24+ 18:33+ 20:51+ 24:06+ 25:25+ 29:56+ 32:12+ 32:46+ 34:25+ 35:17+ 35:40+ 02:27- 01:08+ 03:02+ 03:54+ 02:03- 00:41+ 02:08+ 01:01+ 02:09+ 02:18+ 03:15+ 01:19+ 04:31+ 02:16+ 00:34+ 01:39+ 00:52+ 00:23+ 02:30- 00:11# 00:17# 01:50& 00:12- 00:21@ 00:16# 00:09# 00:20# 00:12+ 00:46& 00:22& 00:25# 00:08+ 00:06# 00:34& 00:04+ 00:05&

Plass	Navr	ı					Klasse	•					Tid					
0	_			4				•										
9					11.22		68	17.27	20.001	22.021	24.201	29:09+	35:41	-	22.401	25.001	25.41.	
												29:09+ 04:49+						
												00:43#						
10	Ragr	hild A	Auglæi	nd		(62						35:48	3				
	03:54-	06:56-	08:48-	11:00-								29:48+						
												05:17+						
								00:310	00:11+	00:43&	00:30&	01:11&		_	00:23&	00:04+	00:09&	
11				erman			117	16.55	10.11	24.44	26.001	31:27+	37:18	-	25.541	26.54	27.10	
												05:27+						
												01:21&						
12	Mari	e-Eliza	abeth I	Reinse	eth	2	27						38:15	5				
04:06-	05:38-	10:02+	11:48+	14:41+	15:10+	17:54+	18:56+	21:10+	23:47+	26:51+	27:56+	32:52+	35:03+	35:31+	36:46+	37:49+	38:15+	
												04:56+						
					00:09&			00:25#	00:31#	00:35#	00:08#	00:50#		_	00:10#	00:15&	00:08&	
13			Roals		10.27		93	10.50	20.001	22.201	06.54	20.521	38:52	_	27.04	20.201	20.521	
												32:53+ 05:59+						
												01:53&						
14	Gerd	l Olau	a Vike	så			101						39:42	2				
					14:58+			20:52+	23:36+	26:23+	29:28+	34:12+		_	38:23+	39:18+	39:42+	
												04:44+						
				00:03+	00:06&			00:30&	00:38&	00:18#	02:08@	00:38#		_	00:11#	00:07#	00:06&	
15		e Tiley		14 07	15 04		27	01 07	00 50.	00.001	20.10	35:19+	41:31		20.47.	41 001	41 01	
												35:19+ 05:03+						
												00:57#						
16	Maria	anne (Giesda	al Lyng	aås	9	92						44:40)				
03:19-	04:52-	08:11-	10:12-	12:46-	13:29+	17:15+	18:22+					37:49+						
												06:18+						
		_		-				00:33&	01:04&	02:550	01:100	02:12&		-	00:13#	00:42&	00:14&	
17				arlsen			228	21.21	24.401	20.421	22.021	37:50+	44:4	-	42.551	44.07	44.451	
												05:47+						
01:44-	00:27&	02:05&	00:06+	00:14#	00:13&	00:47&	00:34&	00:58&	01:11&	03:260	00:23&	01:41&	00:44&	00:05#	00:35&	00:24&	00:200	
18	Nidu	nn Sa	ndvik			1	228						46:21					
												37:22+						
												05:39+ 01:33&						
			- ··	-	00.120			00.1/#	00.524	01.140	03.000	01.550		-	00.55	00.554	02.000	00.511
19 03·02-			10.17-		13.54+		18·04+	20.12+	22.44+	27.59+	33.28+	40:09+	43:08+	-	44.48+	46.03+	46.35+	
												06:41+						
01:55-	00:50&	01:06&	00:27-	01:01&	00:01+	01:11&	00:15&	00:19#	00:26#	02:460	04:320	02:35&	00:51&	00:02-	00:09#	00:27&	00:14&	
20	Eli T	jåland	Stokk	a		9	94						47:46	5				
												40:48+						
												06:27+ 02:21&						
~ ·		_		00.01	00.130		5 4	00.340	00.000	03.116	03.100	02.210		-	00.198	00.438	00.130	
03·16-		'ea Ta		15.58+	16.27+			24.42+	27.54+	32.05+	34.29+	40:57+	43:58+	-	46.13+	47.31+	48·04+	
												06:28+						
												02:22&						
22	Synr	ıøve V	Vester	moen		•	116						54:47	7				
												49:23+						
												12:12+ 08:060						
					00.03#			00.07+	00.30%	00.33#	00.090	00.000			00.03+	00.13%	00.108	
23					15.20⊥		20·15+	22.39+	25.46+	34.42+	40•41⊥	47:36+	55:43		52.35+	54.58+	55.43⊥	
												06:55+						
01:09-	00:35&	01:33&	00:02-	00:39&	00:260	01:41&	00:30&	00:35&	01:01&	06:270	05:020	02:49&	00:27#	00:330	00:18&	01:350	00:270	

Plass	Navi	n				I	Klasse						Tid				
24	Siri	Bjerkr	eim Ha	mre		ę	93						56:52	2			
05:20+	06:33+	22:57+	24:44+	27:10+	27:48+	31:12+	32:18+	34:54+	37:15+	40:31+	43:01+	49:11+	52:25+	52:59+	54:41+	56:16+	56:52+
05:20+	01:13+	16:24+	01:47-	02:26+	00:38+	03:24+	01:06+	02:36+	02:21+	03:16+	02:30+	06:10+	03:14+	00:34+	01:42+	01:35+	00:36+
00:23+	00:16&	13:390	00:17-	00:11+	00:18&	01:32&	00:14&	00:47&	00:15#	00:47&	01:330	02:04&	01:06&	00:06#	00:37&	00:47&	00:18&
25	Rag	nhild E	Båtnes	Bernt	sen	-	101						58:38	В			
03:32-			17:01+			29:40+	30:56+	34:07+	37:31+	42:14+	43:54+	51:09+	54:14+	54:48+	56:23+	58:04+	58:38+
03:32-	01:19+	09:46+	02:24+	08:47+	00:35+	03:17+	01:16+	03:11+	03:24+	04:43+	01:40+	07:15+	03:05+	00:34+	01:35+	01:41+	00:34+
01:25-	00:22&	07:010	00:20#	06:320	00:15&	01:25&	00:24&	01:22&	01:18&	02:14&	00:43&	03:09&	00:57&	00:06#	00:30&	00:530	00:16&
Beste	strekk	tid for	klass	en													
02:08	00:51	02:45	01:19	02:01	00:20	00:24	00:47	00:54	02:04	02:29	00:57	01:14	02:08	00:25	00:26	00:47	00:18

Damer 60 - 64 år

Liv-Grete Obrestad 113 29:29 1 01:31= 03:45= 05:55= 07:28= 08:50= 12:45= 13:27= 16:46= 17:33= 19:13= 21:03= 25:25= 26:51= 28:13= 28:59= 29:29= 01:31= 02:14= 02:10= 01:33= 01:22= 03:55= 00:42= 03:19= 00:47= 01:40= 01:50= 04:22= 01:26= 01:22= 00:46= 00:30= 00:00= 00: 2 29 30:53 Ingunn Voilås 01:34+ 03:45= 05:36- 07:19- 08:57+ 13:24+ 13:55+ 17:27+ 18:17+ 19:43+ 21:23+ 26:14+ 27:56+ 29:34+ 30:22+ 30:53+ 01:34+ 02:11- 01:51- 01:43+ 01:38+ 04:27+ 00:31- 03:32+ 00:50+ 01:26- 01:40- 04:51+ 01:42+ 01:38+ 00:48+ 00:31+ 00:03+ 00:03- 00:19- 00:10# 00:16# 00:32# 00:11- 00:13+ 00:03+ 00:14- 00:10- 00:29# 00:16# 00:16# 00:02+ 00:01+ 3 32:20 Amanda Renshaw 101 02:57+ 05:06+ 06:48+ 08:59+ 10:33+ 14:39+ 15:12+ 18:31+ 19:20+ 21:01+ 22:38+ 27:56+ 29:32+ 31:11+ 31:50+ 32:20+ 02:57+ 02:09- 01:42- 02:11+ 01:34+ 04:06+ 00:33- 03:19= 00:49+ 01:41+ 01:37- 05:18+ 01:36+ 01:39+ 00:39- 00:30= 01:26& 00:05- 00:28- 00:38& 00:12# 00:11+ 00:09- 00:00= 00:02+ 00:01+ 00:13- 00:56# 00:10# 00:17# 00:07- 00:00= 4 92 Marit Karin Nygård 35:13 01:48+ 03:53+ 05:23- 07:19- 09:11+ 13:57+ 14:49+ 19:10+ 20:05+ 22:04+ 24:04+ 29:55+ 32:09+ 33:55+ 34:45+ 35:13+ 01:48+ 02:05- 01:30- 01:56+ 01:52+ 04:46+ 00:52+ 04:21+ 00:55+ 01:59+ 02:00+ 05:51+ 02:14+ 01:46+ 00:50+ 00:28-00:17# 00:09- 00:40- 00:23# 00:30& 00:51# 00:10# 01:02& 00:08# 00:19# 00:10+ 01:29& 00:48& 00:24& 00:04+ 00:02-May Elinor Meling 125 5 36:37 02:10+ 04:43+ 06:15+ 08:48+ 10:21+ 15:57+ 16:34+ 19:42+ 22:36+ 25:02+ 26:36+ 32:16+ 34:04+ 35:22+ 36:09+ 36:37+ 02:10+ 02:33+ 01:32- 02:33+ 01:33+ 05:36+ 00:37- 03:08- 02:54+ 02:26+ 01:34- 05:40+ 01:48+ 01:18- 00:47+ 00:28-00:39& 00:19# 00:38- 01:00& 00:11# 01:41& 00:05- 00:11- 02:07@ 00:46& 00:16- 01:18& 00:22& 00:04- 00:01+ 00:02-6 Berit Bakken 93 42:15 01:39+ 04:08+ 06:07+ 07:56+ 09:37+ 18:56+ 19:35+ 24:02+ 24:57+ 26:52+ 28:45+ 35:17+ 37:23+ 40:49+ 41:38+ 42:15+ 01:39+ 02:29+ 01:59- 01:49+ 01:41+ 09:19+ 00:39- 04:27+ 00:55+ 01:55+ 01:53+ 06:32+ 02:06+ 03:26+ 00:49+ 00:37+ 00:08+ 00:15# 00:11- 00:16# 00:19# 05:24@ 00:03- 01:08& 00:08# 00:15# 00:03+ 02:10& 00:40& 02:04@ 00:03+ 00:07# Marit Elin Aandahl 80 7 50:47 02:46+ 06:07+ 08:21+ 11:24+ 13:39+ 20:33+ 21:25+ 26:05+ 27:20+ 29:37+ 31:44+ 43:48+ 47:40+ 49:20+ 50:14+ 50:47+ 02:46+ 03:21+ 02:14+ 03:03+ 02:15+ 06:54+ 00:52+ 04:40+ 01:15+ 02:17+ 02:07+ 12:04+ 03:52+ 01:40+ 00:54+ 00:33+ 01:15& 01:07& 00:04+ 01:30& 00:53& 02:59& 00:10# 01:21& 00:28& 00:37& 00:17# 07:42@ 02:26@ 00:18# 00:08# 00:03# 8 Ellinor Nesse 116 53:32 01:45+ 04:24+ 06:08+ 08:46+ 10:35+ 16:20+ 17:01+ 20:58+ 22:10+ 32:33+ 36:07+ 47:52+ 50:14+ 52:00+ 52:57+ 53:32+ 01:45+ 02:39+ 01:44- 02:38+ 01:49+ 05:45+ 00:41- 03:57+ 01:12+ 10:23+ 03:34+ 11:45+ 02:22+ 01:46+ 00:57+ 00:35+ 00:14# 00:25# 00:26- 01:05& 00:27& 01:50& 00:01- 00:38# 00:25& 08:43@ 01:44& 07:23@ 00:56& 00:24& 00:11# 00:05# 9 Ingrid Øxnevad 18 54:01 01:25- 03:25- 04:56- 07:43+ 09:18+ 13:04+ 13:46+ 16:52+ 17:49+ 37:50+ 39:39+ 50:06+ 51:41+ 52:54+ 53:36+ 54:01+ 01:25- 02:00- 01:31- 02:47+ 01:35+ 03:46- 00:42= 03:06- 00:57+ 20:01+ 01:49- 10:27+ 01:35+ 01:13- 00:42- 00:25-00:06- 00:14- 00:39- 01:14& 00:13# 00:09- 00:00= 00:13- 00:10# 18:21@ 00:01- 06:05@ 00:09# 00:09- 00:04- 00:05-10 117 Kari Anstensrud 1:24:55 01:53+ 04:55+ 16:07+ 18:40+ 20:49+ 27:12+ 28:09+ 32:29+ 34:23+ 48:43+ 61:58+ 80:15+ 82:12+ 83:39+ 84:24+ 84:55+ 01:53+ 03:02+ 11:12+ 02:33+ 02:09+ 06:23+ 00:57+ 04:20+ 01:54+ 14:20+ 13:15+ 18:17+ 01:57+ 01:27+ 00:45- 00:31+ 00:22# 00:48& 09:02@ 01:00& 00:47& 02:28& 00:15& 01:01& 01:07@ 12:40@ 11:25@ 13:55@ 00:31& 00:05+ 00:01- 00:01+

Beste strekktid for klassen

01:25 02:00 01:30 01:33 01:22 03:46 00:31 03:06 00:47 01:26 01:34 04:22 01:26 01:13 00:39 00:25

Plass Navn

Klasse

Tid

Damer 65 - 69 år

1	Marc	ot As	heim				105						30:54	1		
01:14=				08:26=	13:52=			18:33=	20:29=	22:02=	26:44=	28:17=			30:54=	
									01:56=							
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	
2	Tove	e Bjerk	reim			-	105						34:00)		
01:57+				08:44+	13:51-	14:16-	17:13-	18:09-	19:57-	22:37+	28:04+	29:55+	31:23+	32:42+	33:29+	34:00
									01:48-							
00:43&	00:01+	00:05-	00:27-	00:06+	00:19-	00:04-	00:21-	00:02+	00:08-	01:07&	00:45#	00:18#	00:06+	00:32&	00:19&	00:3
3	Eli F	rafjor	d			ę	94						35:20	כ		
									23:00+							
									01:47-							
00:31&	00:48&	00:21#	00:09-	00:16#	00:34-	00:12&	01:12&	00:03+	00:09-	00:09+	00:35#	00:36&	00:24&	00:03+	380:00	
1	Hanı	ne Eik					117						43:14	4		
01:39+	04:10+	06:00+	08:06+	09:42+	15:45+	16:20+	22:04+	23:04+	28:57+	30:48+	37:12+	39:52+	41:42+	42:37+	43:14+	
01:39+	02:31+	01:50+	02:06-	01:36+	06:03+	00:35+	05:44+	01:00+	05:53+	01:51+	06:24+	02:40+	01:50+	00:55+	00:37+	
00:25&	00:41&	00:09+	00:09-	00:10#	00:37#	00:06#	02:26&	00:06#	03:570	00:18#	01:42&	01:07&	00:28&	00:08#	00:09&	
5	Berit	t Gram	nstad			•	113						51:04	4		
									35:18+							
									02:35+							
02:390	02:440	01:04&	03:350	00:33&	00:02-	00:310	02:31&	00:35&	00:39&	00:32&	03:31&	00:24&	00:37&	00:09#	380:00	
5	Hallo	dis Ha	ndelar	nd		9	92						53:17	7		
									33:20+							
02:38+	03:46+	02:42+	05:39+	02:06+	05:25-	01:12+	05:40+	01:23+	02:49+	03:18+	10:25+	02:38+	01:52+	01:03+	00:41+	
01:24@	01:560	01:01&	03:240	00:40&	00:01-	00:43@	02:22&	00:29&	00:53&	01:450	05:430	01:05&	00:30&	00:16&	00:13&	
7	Kari	Blixha	avn			2	228						58:23	3		
02:38+				19:37+	26:18+			34:11+	36:59+	39:40+	52:02+	54:31+			58:23+	
02:38+	03:13+	06:13+	04:42+	02:51+	06:41+	01:11+	05:22+	01:20+	02:48+	02:41+	12:22+	02:29+	02:07+	00:58+	00:47+	
01:24@	01:23&	04:320	02:27@	01:25&	01:15#	00:42@	02:04&	00:26&	00:52&	01:08&	07:40@	00:56&	00:45&	00:11#	00:19&	
3	Åse	Franc	iska M	øster		•	128						1:02:	35		
									43:49+							
									03:59+							
04:330	03:290	04:020	00:07-	00:19#	04:50&	00:27&	02:35&	01:090	02:030	04:440	02:05&	00:32&	00:28&	00:23&	00:09&	
9	Mett	e Dag	sland				68						1:02:	43		
	14:48+	24:06+	26:11+						43:20+							
									02:26+							
00:40&	11:04@	07:37@	00:10-	00:03+	01:12#	00:02+	01:37&	00:16&	00:30&	04:560	03:23&	00:03+	00:10#	00:19&	00:07#	
			r klass													
01:14	01:50	01:36	01:48	01:26	04:52	00:25	02:57	00:54	01:47	01:33	04:42	01:33	01:22	00:47	00:28	
= Som k	lassevin	ner	raskere.	+ se	nere. #	10% tar	o. & 25	5% tap.	@ 100%	tap.						
		-		,	,		,	17	0							
Dame	er 70	- 74 å	hr 👘													
1		ten Ca					93						52:30	-		
									30:41=							
									03:19=							
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					00:57#	00:08-	00:25-	00:41-	00:24-	03:430	05:06-	00:32-	00:25-	00:14-	00:10&	
Beste	strekk	tid for	r klass	en												
02:00	03:34	02:54	01:56	01:41	05:52	00:31	04:33	01:27	02:55	02:06	08:07	01:47	01:57	00:57	00:38	
<u> </u>									~ 4000/							

Plass Navn

Klasse

Tid

Damer 75 - 79 år

1	Turi	d Nyst	røm			e	58						32:04	1	
01:36=				09:31=	13:46=	14:32=	17:51=	18:43=	20:47=	22:37=	27:45=	29:18=	30:47=	31:31=	32:04=
01:36=	02:13=	01:49=	02:20=	01:33=	04:15=	00:46=	03:19=	00:52=	02:04=	01:50=	05:08=	01:33=	01:29=	00:44=	00:33=
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2	Gry	Vikhar	nar Th	engs		e	58						39:36	3	
01:42+					17:58+	19:00+	22:31+	23:42+	26:27+	29:21+	34:57+	36:46+	38:21+	39:07+	39:36+
01:42+	03:07+	01:56+	04:33+	01:34+	05:06+	01:02+	03:31+	01:11+	02:45+	02:54+	05:36+	01:49+	01:35+	00:46+	00:29-
00:06+	00:54&	00:07+	02:13&	00:01+	00:51#	00:16&	00:12+	00:19&	00:41&	01:04&	00:28+	00:16#	00:06+	00:02+	00:04-
3	Hald	lis Gle	ndran	ae		e	58						40:05	5	
01:57+					17:30+	18:16+	22:52+	23:58+	25:59+	28:03+	34:57+	36:40+	38:40+	39:30+	40:05+
01:57+	02:33+	02:42+	03:15+	01:58+	05:05+	00:46=	04:36+	01:06+	02:01-	02:04+	06:54+	01:43+	02:00+	00:50+	00:35+
00:21#	00:20#	00:53&	00:55&	00:25&	00:50#	00:00=	01:17&	00:14&	00:03-	00:14#	01:46&	00:10#	00:31&	00:06#	00:02+
4	Hela	a Klau	isen			e	62						45:13	3	
02:08+				12:56+	18:51+	19:51+	25:17+	26:41+	29:13+	31:25+	39:24+	41:39+	43:42+	44:39+	45:13+
02:08+	03:18+	02:18+	02:51+	02:21+	05:55+	01:00+	05:26+	01:24+	02:32+	02:12+	07:59+	02:15+	02:03+	00:57+	00:34+
00:32&	01:05&	00:29&	00:31#	00:48&	01:40&	00:14&	02:07&	00:32&	00:28#	00:22#	02:51&	00:42&	00:34&	00:13&	00:01+
5	Hed	viq An	da			1	116						45:16	3	
06:16+	09:29+	11:48+	14:28+	16:26+	22:21+	23:08+	27:35+	28:52+	31:21+	33:32+	39:22+	41:51+	43:36+	44:44+	45:16+
06:16+	03:13+	02:19+	02:40+	01:58+	05:55+	00:47+	04:27+	01:17+	02:29+	02:11+	05:50+	02:29+	01:45+	01:08+	00:32-
04:400	01:00&	00:30&	00:20#	00:25&	01:40&	00:01+	01:08&	00:25&	00:25#	00:21#	00:42#	00:56&	00:16#	00:24&	00:01-
6	Helg	a Aas	lid			5	54						50:46	5	
02:04+		11:43+		18:56+	25:29+	26:23+	30:35+	31:52+	34:40+	40:25+	46:04+	47:47+	49:24+	50:11+	50:46+
02:04+	04:58+	04:41+	05:24+	01:49+	06:33+	00:54+	04:12+	01:17+	02:48+	05:45+	05:39+	01:43+	01:37+	00:47+	00:35+
00:28&	02:450	02:520	03:040	00:16#	02:18&	00:08#	00:53&	00:25&	00:44&	03:550	00:31#	00:10#	00:08+	00:03+	00:02+
Beste	strekk	tid for	[,] klass	en											
01:36			02:20	01:33	04:15	00:46	03:19	00:52	02:01	01:50	05:08	01:33	01:29	00:44	00:29

Damer 80 år og eldre

1 Berit Ebbell Olsen 68 42:53 02:33= 04:59= 06:17= 10:39= 11:39= 14:27= 18:25= 19:39= 21:24= 29:18= 34:09= 37:28= 40:04= 41:22= 42:53= 02:33= 02:26= 01:18= 04:22= 01:00= 02:48= 03:58= 01:14= 01:45= 07:54= 04:51= 03:19= 02:36= 01:18= 01:31= 00:00= 00: 2 Gørild Espedal 113 1:02:29 06:58+ 10:04+ 11:45+ 18:24+ 19:38+ 23:15+ 28:18+ 30:17+ 32:47+ 43:01+ 51:41+ 55:56+ 59:01+ 60:29+ 62:29+ 06:58+ 03:06+ 01:41+ 06:39+ 01:14+ 03:37+ 05:03+ 01:59+ 02:30+ 10:14+ 08:40+ 04:15+ 03:05+ 01:28+ 02:00+ 04:250 00:40& 00:23& 02:17& 00:14# 00:49& 01:05& 00:45& 00:45& 02:20& 03:49& 00:56& 00:29# 00:10# 00:29& Beste strekktid for klassen 02:33 02:26 01:18 04:22 01:00 02:48 03:58 01:14 01:45 07:54 04:51 03:19 02:36 01:18 01:31

= Som klassevinner, - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Damer A

 Anna Taksdal
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 06:27=
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Plass	Navn	Klasse	Tid
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02:18-	03:06- 04:12- 06:34+ 08:43+ 09:40+ 11:04+ 00:48+ 01:06- 02:22+ 02:09+ 00:57+ 01:24+ 00:04+ 00:02- 00:18# 00:38& 00:03+ 00:09#	01:52+ 00:40+ 00:20+ 01:24+ 02:21+ 00:28+	33:48 18:31+ 19:14+ 21:00+ 23:11+ 23:41+ 25:37+ 27:13+ 28:38+ 29:58+ 31:18+ 31:30+ 32:18+ 33:20+ 00:22+ 00:43- 01:46+ 02:11+ 00:30+ 01:56+ 01:36+ 01:25+ 01:20+ 01:20+ 00:12- 00:48+ 01:02+ 00:02# 00:01- 00:50& 00:26# 00:04# 00:10+ 00:08+ 00:01+ 00:17& 00:04+ 00:03- 00:06# 00:33@
02:45+	03:53+ 05:43+ 08:31+ 11:41+ 12:41+ 14:27+ 01:08+ 01:50+ 02:48+ 03:10+ 01:00+ 01:46+	02:07+ 00:38+ 01:44+ 01:44+ 02:34+ 00:39+	42:40 24:19+ 26:02+ 27:16+ 31:16+ 31:46+ 33:56+ 35:50+ 37:25+ 38:53+ 40:28+ 40:48+ 41:41+ 42:11+ 00:26+ 01:43+ 01:14+ 04:00+ 00:30+ 02:10+ 01:54+ 01:35+ 01:28+ 01:35+ 00:20+ 00:53+ 00:30+ 00:06& 00:59@ 00:18& 02:15@ 00:04# 00:24# 00:26& 00:11# 00:25& 00:19# 00:05& 00:11& 00:01+
02:35+	03:31+ 05:18+ 08:03+ 10:46+ 11:51+ 13:24+ 00:56+ 01:47+ 02:45+ 02:43+ 01:05+ 01:33+ 00:12& 00:39& 00:41& 01:12& 00:11# 00:18#	02:18+ 00:43+ 00:42+ 01:27+ 02:36+ 00:37+	43:21 22:16+ 26:53+ 28:43+ 31:52+ 32:20+ 34:17+ 35:55+ 37:36+ 38:59+ 40:23+ 40:50+ 41:51+ 42:26+ 00:29+ 04:37+ 01:50+ 03:09+ 00:28+ 01:57+ 01:38+ 01:41+ 01:23+ 01:24+ 00:27+ 01:01+ 00:35+ 00:09& 03:53@ 00:54& 01:24& 00:02+ 00:11# 00:10# 00:17# 00:20& 00:08# 00:12& 00:19& 00:06#
02:54+	04:17+ 05:40+ 08:31+ 10:59+ 12:15+ 14:04+ 01:23+ 01:23+ 02:51+ 02:28+ 01:16+ 01:49+ 00:39& 00:15# 00:47& 00:57& 00:22& 00:34&	03:12+ 00:40+ 00:28+ 01:42+ 03:09+ 00:34+	48:09 27:09+ 30:17+ 31:38+ 35:30+ 36:05+ 38:29+ 40:16+ 41:54+ 43:41+ 45:24+ 45:37+ 46:51+ 47:26+ 03:20+ 03:08+ 01:21+ 03:52+ 00:35+ 02:24+ 01:47+ 01:38+ 01:47+ 01:43+ 00:13- 01:14+ 00:35+ 03:00@ 02:24@ 00:25& 02:07@ 00:09& 00:38& 00:19# 00:14# 00:44& 00:27& 00:02- 00:32& 00:06#
	strekktid for klassen 00:44 01:06 02:04 01:31 00:54 01:15	01:50 00:29 00:18 01:18 02:04 00:24	00:20 00:43 00:56 01:45 00:26 01:46 01:28 01:24 01:03 01:16 00:12 00:42 00:24 00:28
= Som k	klassevinner, - raskere, + senere, # 10% tap	o, & 25% tap, @ 100% tap.	
Dame	ər B		
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02:43- 02:43-	05:30+ 06:49+ 08:32+ 08:54+ 10:21+ 11:01+ 02:47+ 01:19+ 01:43= 00:22- 01:27+ 00:40-	12:34+ 13:59+ 14:48+ 18:15+ 19:04+ 20:35+ 01:33- 01:25+ 00:49+ 03:27+ 00:49- 01:31-	22:02+ 23:53+ 25:17+ 27:36+ 29:16+ 29:58+ 31:51+ 33:12+ 33:44+ 34:04+ 01:27- 01:51+ 01:24- 02:19- 01:40- 00:42- 01:53- 01:21+ 00:32+ 00:20- 00:01- 00:06+ 00:03- 00:03- 00:08- 00:01- 00:07- 00:03+ 00:02+ 00:01-

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 13:43+
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7		00:15#	01:46+	00:29-	01:19=	00:51+	01:52+	01:16+	00:43-	03:15+	00:58+	01:43+	01:34+	01:49+	01:35+	02:25+	01:49+	00:46+	02:11+	01:25+	00:44+	00:21=
7	Lise		00:03+	00:01-	00:00=	00:09#	00:14#	00:15#	00:02-	00:29#	00:02+	00:01+	00:06+	00:04+	00:08+	00:03+	00:01+	00:03+	00:11+	00:07+	00:14&	00:00=
04 57 0		Isach	sen			•	165						36:42	2								
04:5/+ 0)7:27+	08:41+	10:21+	10:50+	12:17+	12:58+	14:19+	15:50+	16:46+	19:48+	20:40+	22:35+	24:00+	25:34+	27:18+	29:49+	31:26+	32:16+	34:11+	35:40+	36:21+	36:42+
04:57+ 0	02:30+	01:14-	01:40-	00:29-	01:27+	00:41-	01:21-	01:31+	00:56+	03:02+	00:52-	01:55+	01:25-	01:34-	01:44+	02:31+	01:37-	00:50+	01:55-	01:29+	00:41+	00:21=
01:57& 0	00:10+	00:02-	00:03-	00:01-	00:08#	00:01-	00:17-	00:30&	00:11#	00:16+	00:04-	00:13#	00:03-	00:11-	00:17#	00:09+	00:11-	00:07#	00:05-	00:11#	00:11&	00:00=
8	Ingri	d W. I	lestne	SS			117						39:04	1								
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9	Maria	ann S	veinsv	oll		Ş	94						39:38	3								
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-		in Bre		10.001	10.001		92	17 41	10.001	00 14	00.101	05 01.	42:36	-	20 50	22.021	25 04	26.051	20.201	41 001	40 10	10.00
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Beste st					01.10	00.40	01.01	01.01	00.41	02.20	00.40	01.21	01.05	01.24	01.04	02.10	01.27	00.40	01.52	01.10	00.20	00.20
02:43	02:20	01:13	01:39	00:20	01:19	00:40	01:21	01:01	00:41	02:38	00:49	01:31	01:25	01:34	01:24	02:10	01:37	00:42	01:53	01:18	00:30	00:20

Damer Ny

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03:02=	00:40=	00:58=	01:02=	01:29=	00:45=	04:49=	02:49=	01:54=	01:00=	00:37=	00:25=		
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=		
2	Mari	a Hap	nes vo	n Sch	ack	ç	91						23:56
03:55+	04:39+	05:46+	06:53+	08:20+	09:14+	16:49+	19:13+	21:25+	22:40+	23:27+	23:56+		
03:55+	00:44+	01:07+	01:07+	01:27-	00:54+	07:35+	02:24-	02:12+	01:15+	00:47+	00:29+		
00:53&	00:04#	00:09#	00:05+	00:02-	00:09#	02:46&	00:25-	00:18#	00:15#	00:10&	00:04#		
3	Silje	H. My	klebus	st		Ę	54						36:41
04:40+	06:45+	10:19+	11:48+	13:44+	15:41+	20:06+	21:44+	24:30+	28:26+	32:16+	34:30+	35:49+	36:41+
04:40+	02:05+	03:34+	01:29+	01:56+	01:57+	04:25-	01:38-	02:46+	03:56+	03:50+	02:14+	01:19+	00:52+
01:38&	01:25@	02:360	00:27&	00:27&	01:120	00:24-	01:11-	00:52&	02:560	03:13@	01:490	01:19+	00:52+
4	Inge	r Joha	nne K	lauser	ו	ę	54						36:47
04:48+	06:56+	10:28+	11:54+	13:49+	15:52+	20:13+	21:52+	24:32+	28:27+	32:17+	34:33+	35:54+	36:47+
04:48+	02:08+	03:32+	01:26+	01:55+	02:03+	04:21-	01:39-	02:40+	03:55+	03:50+	02:16+	01:21+	00:53+
01:46&	01:28@	02:340	00:24&	00:26&	01:180	00:28-	01:10-	00:46&	02:550	03:13@	01:510	01:21+	00:53+
Beste	strekk	tid for	klass	en									

03:02 00:40 00:58 01:02 01:27 00:45 04:21 01:38 01:54 01:00 00:37 00:25

Plass Navn

Klasse

Tid

Damer Trim

1	Matl	nilde S	kiæve	land S	kår		114						18:36
		04:56=						12:20=	12:55=	16:37=	17:41=	18:13=	
		00:28=											
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2		i Kalsa					356						19:26
		04:49-											
		00:28=											
00:02-		-			00:02+			00:20&	00:05#	00:39#	00:10#	00:0/#	
3		e Lang					117						23:18
		05:51+ 00:31+											23:18+ 00:32+
		00:03#											00:021
4		e Stok					128						23:28
	04.49+	05:30+	07.03+	08.38+	9 10·52+			15.10+	16.10+	20.33+	22.01+	22.52+	23:28+
		00:41+											
00:29&	00:08-	00:13&	00:04-	00:25&	01:37@	00:15#	00:15-	00:18#	00:25&	00:41#	00:24&	00:19&	00:13&
5	Nina	Bækk	celund	Chris	tianse	n 1	105						23:43
-		05:08+						14:50+	15:44+	20:13+	21:32+	23:12+	
		00:37+											00:31+
00:07+	00:04-	00:09&	00:26-	00:25&	00:420	00:19#	00:38&	00:40&	00:19&	00:47#	00:15#	01:080	00:08&
6	Elise	e Aube	erg Vad	ale			366						23:58
	06:08+	06:41+	08:29+	09:54+									
		00:33+											
00:33&	01:07&	00:05#	00:11#	00:15#	00:04#			00:23&	01:140	00:59&	00:16#	00:09&	
7		i Sand					93						24:08
		05:56+										23:43+	
		00:33+ 00:05#											
00:32&					00:32&			00:32&	00:06#	01:14&	00:37&	00:21&	
8		ild Ma			4.0 5.0		53	45 40.					24:34
		06:26+ 00:42+											
		00:42+											
0							371						27:05
J		-Mari \ 05:36+		08.221	09.12+			14.17+	10.55+	24.30+	25.521	26.30+	27:05+
		00:43+											27.001
		00:15&											00:03#
10	Inga	Borge	2			4	43						28:22
		07:14+		10:14+	14:23+			19:22+	20:46+	25:36+	27:05+	27:51+	
		00:41+											
00:48&	01:17&	00:13&	00:13-	00:26&	03:32@	00:11#	00:10#	00:38&	00:490	01:08&	00:25&	00:14&	280:00
11	Svn	nøve ⊦	loanes	stad		4	43						28:32
02:09+		05:41+			13:12+	14:55+	16:07+	18:50+	19:38+	25:31+	27:07+	27:56+	28:32+
		00:34+											
00:24#		00:06#				00:26&	00:19-	01:31@	00:13&	02:11&	00:32&	00:17&	00:13&
12	Rag	nhild 1	Thorse	t Våge)		117						28:54
	04:32+	05:12+	06:22-	07:48+	08:26+							28:25+	
		00:40+											
	-	00:12&		00:16#	00:01+			00:58&	03:290	02:26&	00:11#	00:04#	
13		hild No					117						28:58
		06:18+										28:13+	28:58+
		00:57+ 00:290											
	.				00:430			02:300	00:130	03:03&	00:27&	00:10%	
14		jørg B			11 57		233	10 10	10 04	05 06	07.06	00 07	29:19
		07:21+ 00:43+										28:37+ 01:11+	29:19+ 00:42+
		00:43+											00:42+ 00:19&
01.070	02.0000	00.10a	00.10F	00.1/0	00.12 <i>0</i>	00.100		01.108	00.108	02.100	00.000		JU.194

Plass	Navi	า					Klasse						Tid
15	Kari	anno 9		nd En			105						29:23
	05:16+	06:11+	07:26+	09:32+	10:29+	12:28+		17:26+	19:23+	26:18+	28:04+	28:49+	
				02:06+									
00:15#				00:56&	00:20&			01:05&	01:220	03:13&	00:42&	00:13&	
16			ne Ne				18						29:26
				10:45+ 01:59+									
				01:59+									
17				en Wi			105						29:33
				13:01+				19:30+	21:18+	26:36+	28:13+	29:01+	
				02:26+									
00:53&				01:160	00:21&	00:55&	00:00=	00:36&	01:130	01:36&	00:33&	00:16&	00:09&
18		t Fugl					114						29:53
				16:42+									
				01:21+ 00:11#									
19	-	n Vaql					126						30:10
				10:35+	14:28+			20:36+	21:57+	27:15+	28:49+	29:36+	
02:47+	03:19+	00:56+	01:37=	01:56+	03:53+	01:59+	01:40+	02:29+	01:21+	05:18+	01:34+	00:47+	00:34+
01:02&				00:46&	03:160	00:42&	00:09+	01:170	00:460	01:36&	00:30&	00:15&	00:11&
20		e Sirev					53						30:27
				11:33+									
				02:17+ 01:07&									
21		Svihus					92						30:42
			-	12:23+	13:38+			20:33+	21:36+	27:11+	28:57+	30:01+	
				02:27+									
01:29&	01:05&	00:22&	00:27&	01:17@	00:380	01:04&	00:44&	01:07&	00:28&	01:53&	00:42&	00:32&	00:18&
22		anne l					116						30:48
				11:28+ 02:19+									
				02:19+									
23		e Vign					54						31:25
				12:29+	13:33+			19:35+	21:05+	28:15+	30:07+	30:50+	
03:20+	04:30+	00:43+	01:48+	02:08+	01:04+	02:22+	01:50+	01:50+	01:30+	07:10+	01:52+	00:43+	00:35+
01:35&				00:58&	00:27&	01:05&	00:19#	00:38&	00:550	03:28&	00:48&	00:11&	
24			ndelwa				74						31:30
				11:35+ 02:12+									
				02:12+									
25		n Grød					105						31:56
				11:19+	12:16+			19:56+	22:12+	28:25+	30:20+	31:21+	
				01:57+									
				00:47&	00:20&			01:47@	01:410	02:31&	00:51&	00:29&	
26			n Haal				47						33:00
				12:41+ 02:10+									
				02:10+									
27	Kirst	ti Stra	nd Sal	vesen			256						33:15
				12:25+				20:46+	21:51+	29:16+	31:16+	32:23+	
				02:08+									
				00:58&	00:33&			01:09&	00:30&	03:430	00:56&	00:350	
28		a Hau					113						33:54
				13:20+									
				02:32+ 01:220									
29	_		ilie Lic				136						34:04
				14:24+	15:27+			21:43+	22:37+	30:56+	32:36+	33:34+	
				02:53+									
02:130	01:21&	00:05#	01:19&	01:430	00:26&	00:51&	00:22#	01:03&	00:19&	04:370	00:36&	00:26&	00:07&

02:38+	06:51+ 04:13+ 01:30& Eli V 06:31+	00:48+ 00:20&	08:57+	10.34+			28						04.00
02:38+ 02:38+ 00:53&	06:51+ 04:13+ 01:30& Eli V 06:31+	07:39+ 00:48+ 00:20&	08:57+	10.34+									21 22
02:38+ 00:53&	04:13+ 01:30& Eli V 06:31+	00:48+ 00:20&			11.33+			23.02+	27.15+	31.47+	33.13+	34.02+	34:33
00:53&	01:30& Eli V 06:31+	00:20&											
31	06:31+		00:19-										
	06:31+	an¢'					17						34:43
02:54+			08:45+	10:43+	11:36+			21:46+	23:36+	31:04+	33:07+	34:05+	
	03:3/+		01:30-										
01:09&	00:54&	00:16&	00:07-	00:48&	00:16&	00:55&	00:03+	05:120	01:150	03:460	00:59&	00:26&	00:15&
32	Siar	und Se	erigsta	d		-	28						35:41
02:09+			13:38+		17:34+	19:35+	21:34+	24:46+	27:03+	33:12+	34:30+	35:14+	35:41+
			05:24+										
00:24#	02:510	00:03#	03:47@	01:54@	00:15&	00:44&	00:28&	02:000	01:420	02:27&	00:14#	00:12&	00:04#
33	Wibe	eke Le	nde			7	74						36:02
			12:34+										
			01:57+										
			00:20#	00:55&	00:29&			01:17@	00:28&	04:140	01:090	00:43@	
34		tin Har				-	92						37:09
			13:02+									36:24+	
			03:10+ 01:33&										
	-							01:09%	01:016	04:390	01:02&	00:26&	
35			erg He				05						37:26
			11:10+ 03:25+										
			03:25+										
	-			02.120	00.220			01.200	00.310	03.328	00.520	00.140	
36		h Alle	n 09:22+	11.50	12.501	15.401		27.001	20.501	24.221	26.051	26.561	37:33
			09:22+										
			00:10-										
37	Friod	loriko	Krahn	or			26						38:01
			11:38+		15.29+			23.10+	24.21+	33.33+	35.44+	37.00+	
			02:55+										
01:28&	01:33&	00:46@	01:18&	01:28@	00:36&	01:17&	00:52&	01:320	00:360	05:300	01:07@	00:44@	00:380
38	Anas	stasia	Ollest	ad		ç	93						38:29
			11:23+		15:07+	-		23:12+	24:37+	34:14+	36:28+	37:39+	
			02:02+										
01:480	01:52&	00:45@	00:25&	01:08&	00:49@	01:13&	01:31&	01:210	00:50@	05:550	01:100	00:390	00:270
39	Unni	i Bybe	rg Mæ	stad		9	92						38:32
	07:45+	08:35+	11:16+	13:46+									38:32+
			02:41+										
	-		01:04&		00:32&	_		01:11&	02:190	04:250	01:130	00:32&	
40			lansen				74						40:11
			08:53+										
			01:48+ 00:11#										
					00.130			10.006	00.220	01.210	00.13#	00.031	
41			Halsn	-	01 41		05	07 45	0.0 4.0 1	26.05.	20.021	40.05.	40:32
			18:07+ 01:16-									40:05+	
			00:21-										
42	Gro	Marior	o Totl	and			59						42:39
			13:01+		16.50+			28.31+	29.50+	38.26+	40.51+	42.00+	
			03:01+										
			01:24&										
43	Elisa	abeth H	Horpes	stad		-	17						45:50
			17:44+		20:53+			37:26+	37:59+	42:41+	44:19+	45:24+	
			04:05+										
00:09+	08:360	00:02-	02:280	00:26&	00:560	00:46&	01:20&	10:270	00:02-	01:00&	00:34&	00:330	00:03#
44	Inau	nn Fai	ndrem			4	17						45:57
03:53+	10:20+	11:18+	16:32+	19:13+									
			05:14+										
02:080	03:440	00:300	03:370	01:310	01:400	02:180	02:230	02:07@	00:570	04:260	01:170	00:23&	00:20&

Plass	Navi	n				l	Klasse						Tid
45		eig Ma					47						46:06
03:56+		11:21+					28:56+	32:21+	33:55+	42:00+	44:23+	45:22+	46:06+
03:56+	06:28+	00:57+	05:15+	02:40+	02:21+	03:34+	03:45+	03:25+	01:34+	08:05+	02:23+	00:59+	00:44+
02:110	03:450	00:290	03:380	01:300	01:44@	02:170	02:140	02:130	00:590	04:230	01:190	00:27&	00:21&
46	Esth	er Boe	enhein	n		2	268						47:58
02:33+	06:43+	07:30+	08:55+	10:52+	15:15+	16:59+	18:48+	22:15+	25:52+	44:33+	46:25+	47:25+	47:58+
02:33+	04:10+	00:47+	01:25-	01:57+	04:23+	01:44+	01:49+	03:27+	03:37+	18:41+	01:52+	01:00+	00:33+
00:48&	01:27&	00:19&	00:12-	00:47&	03:460	00:27&	00:18#	02:150	03:020	14:590	00:48&	00:28&	00:10&
47	Mari	ita Sko	rpe			4	13						48:34
04:45+	10:12+	11:08+		19:23+	22:09+	24:46+	28:23+	31:43+	33:39+	43:16+	45:50+	47:38+	48:34+
04:45+	05:27+	00:56+	05:38+	02:37+	02:46+	02:37+	03:37+	03:20+	01:56+	09:37+	02:34+	01:48+	00:56+
03:000	02:44@	00:28&	04:010	01:27@	02:090	01:200	02:060	02:08@	01:210	05:550	01:300	01:160	00:330
48	Bent	te Kari	n Dird	al		Į	54						50:39
02:45+	07:25+	07:58+	09:30+	15:48+	22:50+	25:01+	27:58+	32:13+	34:03+	39:10+	49:26+	50:06+	50:39+
02:45+	04:40+	00:33+	01:32-	06:18+	07:02+	02:11+	02:57+	04:15+	01:50+	05:07+	10:16+	00:40+	00:33+
01:00&	01:57&	00:05#	00:05-	05:080	06:250	00:54&	01:26&	03:03@	01:150	01:25&	09:120	00:08#	00:10&
49	Sian	e Lise	Haala	nd		(66						55:58
04:20+		10:22+			24:13+	27:10+	31:00+	36:26+	37:49+	50:49+	53:21+	54:45+	55:58+
04:20+	04:58+	01:04+	08:54+	03:15+	01:42+	02:57+	03:50+	05:26+	01:23+	13:00+	02:32+	01:24+	01:13+
02:35@	02:15&	00:360	07:170	02:050	01:050	01:400	02:190	04:140	00:48@	09:180	01:280	00:520	00:500
Beste	strekk	tid for	klass	en									
01:43	02:19	00:26	01:09	01:10	00:37	01:17	01:04	01:12	00:33	03:42	01:04	00:32	00:23

```
Herrer 16 - 39 år
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1 Runar Eike Toft 26:53 116 02:02= 04:13= 05:22= 06:34= 06:51= 07:55= 08:26= 09:35= 10:27= 11:08= 13:26= 14:03= 15:25= 16:31= 17:49= 19:19= 21:17= 22:27= 22:58= 24:36= 26:01= 26:36= 26:53= 26: 02:02= 02:11= 01:09= 01:12= 00:17= 01:04= 00:31= 01:09= 00:52= 00:41= 02:18= 00:37= 01:22= 01:06= 01:18= 01:30= 01:58= 01:10= 00:31= 01:38= 01:25= 00:35= 00:17= 01:00= 00:31= 01:00= 00:30= 00: 00:00= 00: 2 43 Andreas Mykkeltveit Teriesen 30:30 02:34+ 05:38+ 06:37+ 08:00+ 08:17+ 09:28+ 10:04+ 11:23+ 12:20+ 13:05+ 16:00+ 16:37+ 17:59+ 19:07+ 21:22+ 22:53+ 24:41+ 26:06+ 26:42+ 28:30+ 29:42+ 30:13+ 30:30+ 02:34+ 03:04+ 00:59- 01:23+ 00:17= 01:11+ 00:36+ 01:19+ 00:57+ 00:45+ 02:55+ 00:37= 01:22= 01:08+ 02:15+ 01:31+ 01:48- 01:25+ 00:36+ 01:48+ 01:12- 00:31- 00:17= 00:32 00:53 00:10 - 00:11# 00:00 00:07# 00:05# 00:10# 00:05+ 00:04+ 00:37 00:00 00:00 00:02+ 00:57 00:01+ 00:10- 00:15# 00:05# 00:10# 00:10 00:10+ 00:00= 3 31:30 Håkon Eggebø 71 02:23+ 05:25+ 06:41+ 08:13+ 08:37+ 09:48+ 10:28+ 11:59+ 13:05+ 13:46+ 16:13+ 17:00+ 18:27+ 19:58+ 21:35+ 22:52+ 24:45+ 26:11+ 26:56+ 28:40+ 30:30+ 31:01+ 31:30+ 02:23+ 03:02+ 01:16+ 01:32+ 00:24+ 01:11+ 00:40+ 01:31+ 01:06+ 00:41= 02:27+ 00:47+ 01:27+ 01:31+ 01:37+ 01:17- 01:53- 01:26+ 00:45+ 01:44+ 01:50+ 00:31- 00:29+ 00:21# 00:51& 00:07# 00:20& 00:07# 00:09# 00:22& 00:14& 00:00= 00:09+ 00:10& 00:05+ 00:25& 00:19# 00:13- 00:05- 00:16# 00:14& 00:06+ 00:25& 00:04- 00:12& David Wade 116 32:11 02:19+ 05:12+ 06:12+ 07:31+ 07:54+ 09:20+ 10:05+ 12:03+ 13:24+ 14:27+ 16:50+ 17:29+ 19:17+ 20:44+ 22:15+ 23:44+ 26:03+ 27:24+ 28:02+ 30:04+ 31:13+ 31:50+ 32:11+ 02:19+ 02:53+ 01:00- 01:19+ 00:23+ 01:26+ 00:45+ 01:58+ 01:21+ 01:03+ 02:23+ 00:39+ 01:48+ 01:27+ 01:31+ 01:29- 02:19+ 01:21+ 00:38+ 02:02+ 01:09- 00:37+ 00:21+ 00:17# 00:42& 00:09- 00:07+ 00:06& 00:22& 00:14& 00:49& 00:29& 00:22& 00:05+ 00:02+ 00:24& 00:21& 00:13# 00:01- 00:21# 00:11# 00:07# 00:24# 00:16- 00:02+ 00:04# 5 71 33:30 Svein Kyllingstad 02:29+ 04:32+ 05:43+ 07:29+ 07:50+ 09:04+ 12:29+ 13:56+ 15:19+ 16:05+ 18:25+ 19:14+ 21:05+ 22:38+ 24:11+ 25:45+ 27:40+ 29:03+ 29:44+ 31:21+ 32:40+ 33:12+ 33:30+ 02:29+ 02:03- 01:11+ 01:46+ 00:21+ 01:14+ 03:25+ 01:27+ 01:23+ 00:46+ 02:20+ 00:49+ 01:51+ 01:33+ 01:33+ 01:34+ 01:55- 01:23+ 00:41+ 01:37- 01:19- 00:32- 00:18+ 00:27# 00:08- 00:02+ 00:34& 00:04# 00:10# 02:54@ 00:18& 00:31& 00:05# 00:02+ 00:12& 00:29& 00:27& 00:15# 00:04+ 00:03- 00:13# 00:10& 00:01- 00:06- 00:03- 00:01+ Martin Skogland 98 6 34:11 02:37+ 05:18+ 06:46+ 08:21+ 08:49+ 10:12+ 11:07+ 12:39+ 14:02+ 15:01+ 17:51+ 18:36+ 20:36+ 22:00+ 23:45+ 25:10+ 27:18+ 28:57+ 29:39+ 31:45+ 33:19+ 33:49+ 34:11+ 02:37+ 02:41+ 01:28+ 01:35+ 00:28+ 01:23+ 00:55+ 01:32+ 01:23+ 00:59+ 02:50+ 00:45+ 02:00+ 01:24+ 01:45+ 01:25- 02:08+ 01:39+ 00:42+ 02:06+ 01:34+ 00:30- 00:22+ 00:35& 00:30# 00:19& 00:23& 00:11& 00:19& 00:24& 00:23& 00:31& 00:18& 00:32# 00:08# 00:38& 00:18& 00:27& 00:05- 00:10+ 00:29& 00:11& 00:28& 00:09# 00:05- 00:05-Bernhard Haver Vagle 7 126 35:09 02:34+ 06:22+ 07:43+ 09:29+ 09:49+ 11:20+ 13:03+ 14:34+ 15:59+ 16:48+ 19:33+ 20:24+ 22:10+ 23:33+ 25:06+ 26:38+ 28:36+ 30:01+ 30:38+ 32:21+ 34:03+ 34:51+ 35:09+ 02:34+ 03:48+ 01:21+ 01:46+ 00:20+ 01:31+ 01:43+ 01:31+ 01:25+ 00:49+ 02:45+ 00:51+ 01:46+ 01:23+ 01:33+ 01:32+ 01:58= 01:25+ 00:37+ 01:43+ 01:42+ 00:48+ 00:18+ 00:32 01:37 00:12 00:34 00:03 00:27 01:12 00:22 00:23 00:33 00:08 00:27 00:14 00:24 00:17 00:15 00:02 00:00= 00:15 00:06 00:05 00:17 00:13 00:01+ 39 8 Truls Thorkildsen 37:44 02:30+ 06:38+ 07:43+ 09:19+ 09:51+ 11:12+ 11:55+ 13:38+ 14:57+ 15:47+ 18:21+ 19:33+ 23:04+ 24:51+ 27:40+ 29:23+ 31:41+ 33:15+ 33:59+ 35:40+ 36:56+ 37:27+ 37:44+ 02:30+ 04:08+ 01:05- 01:36+ 00:32+ 01:21+ 00:43+ 01:43+ 01:19+ 00:50+ 02:34+ 01:12+ 03:31+ 01:47+ 02:49+ 01:43+ 02:18+ 01:34+ 00:44+ 01:41+ 01:16- 00:31- 00:17=

00:28# 01:57& 00:04- 00:24& 00:15& 00:17& 00:12& 00:34& 00:27& 00:09# 00:16# 00:35& 02:09@ 00:41& 01:31@ 00:13# 00:20# 00:24& 00:13& 00:03+ 00:09- 00:04- 00:00=

Diago	Novo					Klass						Tid									
Plass	Navn	-				Klasse	•					Tid									
9	Tor Gun 06:08+ 07:2			12.05		116	17.00	10.00	21.00	22.05	24.05.	38:43		00.551	21.10	20.521	22.261	25.501	27.201	20.24	20.421
	03:06+ 07:2																				
	00:55& 00:0																				
10	Sveinun					114						40:46									
	06:00+ 07:2 03:40+ 01:2																				
	01:29& 00:2																				
11	Frank Te	rie Bero	ae			126						41:07	7								
02:42+	05:26+ 06:5	0+ 09:42+	10:10+		13:44+	15:23+															
	02:44+ 01:2 00:33& 00:1																				
12	Jone Kle			00:23@		165	00:310	00:410	01:010	00:416	01:416	41:30		01:010	00:10#	00:11#	00:00α	00:10#	00:08-	00:01-	00:03#
	06:00+ 07:5			11:56+			16:05+	17:01+	20:11+	20:58+	24:55+		-	30:49+	33:20+	35:04+	36:09+	38:36+	40:32+	41:12+	41:30+
02:49+	03:11+ 01:5	9+ 01:53+	00:30+	01:34+	00:38+	01:34+	01:57+	00:56+	03:10+	00:47+	03:57+	01:45+	02:24+	01:45+	02:31+	01:44+	01:05+	02:27+	01:56+	00:40+	00:18+
00:47&	01:00& 00:5	-	00:13&	00:30&			01:050	00:15&	00:52&	00:10&	02:350			00:15#	00:33&	00:34&	00:340	00:49&	00:31&	00:05#	00:01+
13	Kent Aa		0.0 45	10 11		65	14 53	15 04	10 10	10 12	00 1 6	42:39		05 14	26 54	20.07.	20.201	40.001	41 17.	40.001	40.001
	05:48+ 07:1 02:57+ 01:2																				
	00:46& 00:1																				
14	Endre B	erge			•	105						44:0	5								
	05:35+ 06:5																				
	03:08+ 01:2 00:57& 00:1																				
15	Aslak Ihl					117						47:28									
	09:33+ 10:4		13:10+	14:37+			19:30+	20:30+	24:09+	28:47+	30:43+			37:20+	39:41+	41:20+	42:07+	44:21+	46:19+	47:02+	47:28+
	04:51+ 01:1																				
4.0	02:400 00:0	- 0	00:196	00:23&			01:070	00:19%	01:21&	04:010	00:34&		_	01:20&	00:23#	00:29&	00:10%	00:30%	00:33&	00:08#	00:09&
16 02:36+	Vegard \		10:04+	11:23+		128	17:32+	18:08+	20:49+	22:06+	23:47+	48:3		39:16+	41:09+	42:23+	43:03+	45:15+	46:59+	47:38+	48:35+
02:36+	04:10+ 01:2	5+ 01:32+	00:21+	01:19+	02:25+	01:13+	02:31+	00:36-	02:41+	01:17+	01:41+	01:21+	12:31+	01:37+	01:53-	01:14+	00:40+	02:12+	01:44+	00:39+	00:57+
. –	01:59& 00:1		_	00:15#			01:390	00:05-	00:23#	00:40@	00:19#			00:07+	00:05-	00:04+	00:09&	00:34&	00:19#	00:04#	00:40@
17	Maximili					67						56:00	-	47 4 4 4	40.55		50.40.	50.00.			55.00.
	18:59+ 20:5 16:44+ 01:5																				
	14:330 00:4																				
Beste s	strekktid f	or klass	sen																		
02:02	02:03 00:	59 01:11	00:17	01:04	00:31	01:09	00:49	00:36	02:18	00:37	01:22	01:06	01:18	01:17	01:40	01:10	00:31	01:27	01:08	00:30	00:15
= Som kl	assevinner ,	- raskere	, + se	nere, #	10% tap	o, & 25	5% tap,	@ 100%	6 tap.												
		0						-													
Herre	r 40 - 49	ar																			
4	Acquir N	orland				88						33:19									
02:06=	Asgeir N 04:30= 05:4		07:37=	08:47=			12:10=	13:07=	17:03=	17:41=	19:23=			24:32=	26:21=	27:33=	28:13=	30:07=	32:13=	33:00=	33:19=
02:06=	02:24= 01:1	0= 01:35=	00:22=	01:10=	00:46=	01:20=	01:17=	00:57=	03:56=	00:38=	01:42=	01:18=	02:19=	01:32=	01:49=	01:12=	00:40=	01:54=	02:06=	00:47=	00:19=
00:00=	00:00= 00:0	-		00:00=			00:00=	00:00=	00:00=	00:00=	00:00=		_	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Audun T			00.24		65	10.15	14.14	17.00	17.54	10.21.	34:44		06.14.	20.10	20.25	20.17.	22.22	22.20	24.22	24.44
	04:42+ 05:5 02:26+ 01:0																				
	00:02+ 00:0																				
3	Trondr E	reiland				53						35:53									
02.01.	07.50. 00.0	7. 11.40.	10.051	12.421	14.0EL	16.67.	1 (. E) .	17.201	20.24	01.17.	00.EE.	04.17.	26.201	07.551	20.401	21.14	21. 66.	22.E4.	25.00.	25.25.	25.521

 03:01+
 07:52+
 09:27+
 11:42+
 12:05+
 13:43+
 14:25+
 15:57+
 16:52+
 17:39+
 20:24+
 21:17+
 22:55+
 24:17+
 26:29+
 27:55+
 29:49+
 31:14+
 31:55+
 33:54+
 35:08+
 35:53+

 03:01+
 04:51+
 01:35+
 02:215+
 00:42 01:32+
 00:55 00:47 02:45 00:53+
 01:22+
 02:12 01:25 01:41+
 01:59+
 01:14 00:27 00:18

 00:556
 02:270
 00:256
 00:406
 00:01+
 00:22 00:10 01:11 00:156
 00:04 00:05+
 00:13#
 00:01+
 00:52 00:20 00:01

 4
 Magne Habbestad
 111
 11
 36:33
 36:33
 36:33
 36:33

03:16+ 05:36+ 06:55+ 08:34+ 09:00+ 10:25+ 11:14+ 12:57+ 14:06+ 15:00+ 18:00+ 18:54+ 20:53+ 22:34+ 24:17+ 25:55+ 28:24+ 30:18+ 31:03+ 33:30+ 35:04+ 36:12+ 36:33+ 03:16+ 02:20- 01:19+ 01:39+ 00:26+ 01:25+ 00:49+ 01:43+ 01:09- 00:54- 03:00- 00:54+ 01:59+ 01:41+ 01:43- 01:38+ 02:29+ 01:54+ 00:45+ 02:27+ 01:34- 01:08+ 00:21+ 01:10& 00:04- 00:09# 00:04+ 00:04# 00:15# 00:03+ 00:23& 00:08- 00:05- 00:16& 00:17# 00:23& 00:36- 00:06+ 00:40& 00:42& 00:05# 00:33& 00:32- 00:21& 00:02#

Plass	Navn					ļ	Klasse	ł					Tid										
5	Ole-To						116						36:54										
	06:11+ 07 02:47+ 01																						
	00:23# 00																						
6	Rune [53						37:14										
	06:17+ 07 03:14+ 01																						
	00:50& 00																						
7	Glenn			00 50	00.10.		128	10 14	14 07	16 50	10 47	0.0 4.0	37:46		0.6 50.	00 55.	01 41	20 55	22.22.	25 00.	26 50	27 22	27.46
	05:33+ 06 02:54+ 01																						
00:33&	00:30# 00				00:50-	00:490	00:24-	00:07+	00:26&	01:41-	02:170	00:47-	00:18#	00:57-	01:470	01:07&	00:34&	00:34&	01:16-	00:11-	00:35&	00:200	00:17+
8	Jan-Ke				11.40	12.27	83	15.40	16.461	20.10	21.09	22.241	38:05		29.54	21.07	22.271	22.201	25.221	27.04	27.471	20.051	
	03:15+ 01																						
00:48&	00:51& 00		:25&	00:04-	00:27&	00:03+	00:09#	00:26&	00:00=	00:23-	00:11&	00:44&			00:14#	00:24#	00:18#	00:03+	00:19#	00:35-	00:04-	00:01-	
9 03·11+	Rune H		·06+	11•28⊥	13.03+	13.53+	55 15.33±	17.12+	17.50+	21•22±	22.08+	23.56+	38:35		28.51+	31.11+	33.231	34.12+	36.11+	37.30+	38.13+	38.35+	
03:11+	04:45+ 01	1:23+ 01	:47+	00:22=	01:35+	00:50+	01:40+	01:39+	00:47-	03:23-	00:46+	01:48+	01:25+	01:57-	01:33+	02:20+	02:12+	00:49+	01:59+	01:28-	00:34-	00:22+	
	02:21& 00			00:00=	00:25&			00:22&	00:10-	00:33-	00:08#	00:06+		-	00:01+	00:31&	01:00&	00:09#	00:05+	00:38-	00:13-	00:03#	
10 03·30+	Reidar 08:12+ 09			12.02+	13.21+		15.56+	16.52+	17.47+	20.46+	21.43+	23.32+	38:54		29.16+	31.46+	33.31+	34.15+	36.33+	38.03+	38.31+	38.54+	
03:30+	04:42+ 01	1:39+ 01	:47+	00:24+	01:19+	00:48+	01:47+	00:56-	00:55-	02:59-	00:57+	01:49+	01:39+	01:47-	02:18+	02:30+	01:45+	00:44+	02:18+	01:30-	00:28-	00:23+	
	02:18& 00		12#	00:02+	00:09#			00:21-	00:02-	00:57-	00:19&	00:07+		_	00:46&	00:41&	00:33&	00:04#	00:24#	00:36-	00:19-	00:04#	
11 02:55+	Kristia		:00+	10:31+	11:53+		165 14:11+	16:14+	17:06+	20:08+	21:00+	23:34+	39:17 25:05+		29:34+	31:58+	33:27+	34:10+	36:31+	38:24+	38:57+	39:17+	
02:55+	03:29+ 01	1:55+ 01	:41+	00:31+	01:22+	00:43-	01:35+	02:03+	00:52-	03:02-	00:52+	02:34+	01:31+	01:59-	02:30+	02:24+	01:29+	00:43+	02:21+	01:53-	00:33-	00:20+	
	01:05& 00			00:09&	00:12#			00:46&	00:05-	00:54-	00:14&	00:52&			00:58&	00:35&	00:17#	00:03+	00:27#	00:13-	00:14-	00:01+	
12 02:39+	04:57+ 10			13:03+	14:49+		180 17:12+	18:35+	19:36+	22:01+	22:56+	24:46+	39:47 26:07+		31:02+	33:24+	34:55+	35:40+	37:37+	38:58+	39:27+	39:47+	
	02:18- 06																						
13	00:06- 04 Eivind		:05+	00:03#	00:36&		116	00:06+	00:04+	01:31-	00:1/&	00:08+	40:22		01:470	00:33&	00:19&	00:05#	00:03+	00:45-	00:18-	00:01+	
	05:30+ 06		:14+	08:52+	10:13+			14:05+	14:58+	19:04+	19:59+	22:01+		-	30:59+	33:07+	34:35+	35:12+	37:14+	39:21+	40:00+	40:22+	
	02:58+ 01																						
14	00:34# 00 André			00:10%	00:11#		116	00:22&	00:04-	00:10+	00:17&	00:20#	41:09		04:130	00:19#	00:16#	00:03-	00:08+	00:01+	00:08-	00:03#	
03:15+	07:57+ 09	9:22+ 11	:35+			14:13+	16:03+						27:02+	29:31+									
	04:42+ 01 02:18& 00																						
15	Jakob	_ ^		00.001	00.204		383	00.004	00.174	01.07	00.420	00.10	41:31		00.221	00.324	00.204	00.001	00.004	00.11	00.00	00.021	
02:50+	06:15+ 07	7:38+ 09	:36+			12:07+	13:47+						23:51+	25:47+									
	03:25+ 01 01:01& 00																						
16	Frode			00.01	00.121		116	00.01	001001	00.00	00.024	00.201	41:37	_	00.000	00.014	00.024	00.001	00.014	00.02	00.00	00.004	
02:42+	08:13+ 09	9:44+ 11	:28+			15:24+	17:23+						27:44+	29:51+									
	05:31+ 01 03:070 00																						
17	Antal J						115						45:57										
03:38+	06:56+ 08	8:47+ 10	:54+			13:41+	15:30+						25:25+	27:37+									
	03:18+ 01 00:54& 00																						
	strekktic														-								
	02:18				00:20	00:39	00:56	00:55	00:47	02:15	00:38	00:55	01:18	01:22	01:26	01:49	01:12	00:37	00:38	01:14	00:27	00:17	
= Som kl	lassevinne	r, - ras	kere,	+ ser	nere, #	10% ta	p, & 25	% tap.	@ 100%	δ tap.													

Herrer 50 - 59 år

Plass	Navr	า					Klasse	l					Tid				
1	lare	Prims	tad				62						28:07	,			
02:16=				08:19=	09:34=			15:16=	17:27=	18:18=	20:33=	23:38=	25:13=		27:40=	28:07=	
													01:35=				
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	
2	Arie	n Leen	dertse	9		9	91						30:08	3			
02:34+					10:26+	12:46+	15:50+	16:28+	18:40+	19:41+	22:18+	25:52+	27:26+	29:01+	29:38+	30:08+	
													01:34-				
00:18#	00:01+	00:02+	00:04+	00:25#	00:02+	00:03+	00:16+	00:01+	00:01+	00:10#	00:22#	00:29#	00:01-	00:13-	00:02-	00:03#	
3			iglesta				16						31:46				
													28:08+				
													01:53+ 00:18#				
				00.101	00.02			00.001	00.001	00.121	00.271	00.00			00.104	00.054	
4		nar Ma		10.10	11.00		52	10.001	20.521	22.04	24.10	27.021	32:36 28:55+	-	21.57.	22.261	
													28:55+ 01:53+				
													00:18#				
5	Arno	rim U	tskarp	en			117						32:42)			
03:21+					11:34+			18:17+	20:30+	21:42+	24:02+	27:13+	29:11+	-	32:01+	32:42+	
													01:58+				
01:05&	00:03-	00:04+	00:21#	00:36&	00:03-	00:21#	00:36#	00:04#	00:02+	00:21&	00:05+	00:06+	00:23#	00:10+	00:13&	00:14&	
6	Inge	Skret	ting				165						34:24	Ļ			
	04:22+	05:40+	08:00+										30:39+				
													01:42+				
01:13&				00:45&	00:04+			00:02+	00:25#	00:13&	00:56&	00:20-	00:07+	_	00:08#	00:14&	
7		en Nil					53						35:16	-			
													31:17+ 01:59+				
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8	_	k Han					29						35:25	_			
03.48+				11.03+	12.30+			19.59+	22.32+	23.38+	26.43+	29.50+	31:50+	-	34.48+	35.25+	
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01:32&	00:02+	00:13#	00:17#	00:40&	00:12#	00:42&	00:56&	00:09#	00:22#	00:15&	00:50&	00:02+	00:25&	00:10+	00:21&	00:10&	
9	Asbi	ørn Bi	rådlan	d		2	297						35:32	2			
03:20+					12:09+			19:44+	22:14+	23:26+	26:16+	30:01+	31:46+	-	34:49+	35:32+	
													01:45+				
01:04&	00:15&	00:05+	00:44&	00:24#	00:03+	01:07&	00:21#	00:25&	00:19#	00:21&	00:35&	00:40#	00:10#	00:22#	00:14&	00:16&	
10		n Breil				-	352						36:17				
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													01:43+ 00:08+				
	_				00.01			00.01	00.111	00.220	00.000	00.510			00.100	00.120	
11			chaels		11.221		17.261	10.001	20.261	21.24	27.401	20.551	36:18 32:37+	-	25.401	26.10	
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12	Kiell	Selan	d				236						36:33	3			
				10:21+	11:39+	_		18:19+	23:18+	24:19+	26:47+	30:45+	32:44+	-	35:52+	36:33+	
03:14+	01:10+	01:22+	02:31+	02:04+	01:18+	02:56+	03:06+	00:38+	04:59+	01:01+	02:28+	03:58+	01:59+	02:13+	00:55+	00:41+	
00:58&	00:17&	00:06+	00:30#	00:11+	00:03+	00:39&	00:18#	00:01+	02:480	00:10#	00:13+	00:53&	00:24&	00:25#	00:16&	00:14&	
13	Jone	e Kalho	eim			ç	93						36:54	ŀ			
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14		Hetle					98	4.5. 0.0.					37:07				
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15		q Knu			-		128			. 4			37:14			-	
				10:13+	11:32+			18:45+	21:33+	22:48+	25:39+	31:04+	33:16+		36:33+	37:14+	
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01:07&	00:05-	00:07+	00:28#	00:17#	00:04+	00:56&	00:33#	00:02+	00:37&	00:24&	00:36&	02:20&	00:37&	00:33&	00:17&	00:14&	

Plass	Navı	า					Klasse)					Tid			
16	Sver	nd Vih	ovde				116						37:30)		
				12:55+	14:07+			21:46+	24:32+	25:41+	28:21+	31:28+		-	36:39+	37:30+
					01:12-											
01:03&	00:04+	00:12#	00:41&	02:360	00:03-	01:21&	00:23#	00:13&	00:35&	00:18&	00:25#	00:02+	00:21#	00:34&	00:14&	00:24&
17	Tore	Halse	et				114						37:49	9		
					12:28+											
					01:30+											
		.		00:49&	00:15#	_	_	00:07#	00:27#	00:18&	01:13&	01:12&		_	00:13&	00:25&
18		ers Glo					7						38:48	-		
					10:46+ 01:10-											
					00:05-											
				00.271	00.00			00.001	00.241	00.101	01.000	04.000		_	00.001	00.054
19		I Solb		10.201	11:43+		56	21.201	24.271	25.261	20.151	22.50	38:5	-	20.001	20.551
					01:143+											
					00:01-											
20	Steir	har Ha	nsen				27						39:2	5		
				14:29+	15:25+	_		22:49+	25:33+	26:34+	30:50+	34:22+		-	38:48+	39:25+
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01:18&	02:520	00:01+	00:24#	01:35&	00:19-	00:42&	00:59&	00:01+	00:33&	00:10#	02:01&	00:27#	00:06+	00:04+	00:14&	00:10&
21	Ådn	e Haus	sbera			7	7						39:43	3		
03:09+				13:37+	14:50+	18:09+	21:04+	21:51+	24:49+	26:12+	29:26+	33:50+	35:44+	38:11+	39:02+	39:43+
					01:13-											
	-				00:02-			00:10&	00:47&	00:32&	00:59&	01:19&		_	00:12&	00:14&
22			Rosen				116						39:48	-		
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23		Id Sys		11.11.	12:13+		93	21.10	22.401	04.50	20.57	24.10	40:21		20.50	40.01.
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24	Ονο	Mæst	he				67						40:23	2		
				11:36+	13:18+			21:18+	24:05+	25:22+	28:41+	33:00+		-	39:39+	40:23+
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01:17&	00:05+	00:36&	00:32&	00:47&	00:27&	01:01&	01:03&	00:14&	00:36&	00:26&	01:04&	01:14&	00:19#	00:33&	01:450	00:17&
25	Hara	ld Tak	sdal				236						40:43	3		
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	-		-	00.004	00.101			00.224	01.174	00.524	00.100	00.201		_	00.204	00.254
27		Øvst		11.38+	13:01+		7 1	23.18+	26.17+	27.21+	20.501	35.04+	41:1	-	40.40+	<i>1</i> 1•15⊥
					01:23+											
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28	Run	e Paul	sen				98						41:37	7		
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29	Steir	ו Arve	Finne	stad		2	287						49:49	9		
	05:11+	10:18+	12:43+	15:54+	17:20+								45:48+	47:54+		
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	00:47-																				
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Beste	00:47			-	00.56	02.11	02.48	00.35	00.28	00.51	01.01	02.35	01.31	01.33	00.37	00.27					
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nene		0 - u																			
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۲ 00·35+	CSPE 01:42+	02:52+	3	05.34+	06.08+	06.31+	08.31+	09.19+	10.26+	11.06+	13.02+	15.40+		-	22.51+	25.37+	27.00+	27.32+	28.54+		
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00:06#	00:09#	00:14-	00:22#	00:07#	00:16&	00:01-	00:23#	00:15&	00:19&	00:04#	00:24-	01:19&	01:05&	00:02-	00:08+	01:10&	00:10#	00:01+	00:440		
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4		ngar H		-			7						31:24								
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5		en Joł			00.10	00.001	1	11.25.	10.001	12.201	14.00	16.261	31:30		04.07.	26.461	20.201	20.11.	20.45	21.26	
	02:59+ 01:26+																				
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6	Arnfi	inn Rø	muld				116						32:48	В							
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00.46+	02:30+			07.48+	08.43+		93	12.39+	13.56+	15.04+	17.21+	19.26+	33:47	-	27.52+	30.23+	32.15+	32.54+	33.47+		
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8	Torb	jørn D	ahle			9	92						34:4′	1							
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00:44+	01:25+	01:22-	03:20+	01:09+	00:27+	00:37+	02:18+	00:53+	01:14+	00:57+	02:35+	02:21+	03:26+	03:17+	02:36+	02:31+	01:48+	00:47+	01:22+		
00:15&	00:27&	00:02-	01:460	00:30&	00:09&	00:13&	00:41&	00:20&	00:26&	00:21&	00:15#	01:02&	01:30&	01:00&	00:49&	00:55&	00:35&	00:16&	00:44@		

 $\begin{array}{c} 00:47+ & 02:31+ & 04:02+ & 09:25+ & 10:15+ & 10:48+ & 11:21+ & 14:08+ & 14:55+ & 16:10+ & 17:03+ & 19:39+ & 22:20+ & 25:41+ & 28:19+ & 30:43+ & 33:15+ & 35:58+ & 36:45+ & 37:49+ \\ 00:47+ & 01:44+ & 01:31+ & 05:23+ & 00:50+ & 00:33+ & 02:47+ & 00:47+ & 01:15+ & 00:53+ & 02:36+ & 02:41+ & 03:21+ & 02:38+ & 02:24+ & 02:32+ & 02:43+ & 00:47+ & 01:04+ \\ 00:186 & 00:466 & 00:07+ & 03:490 & 00:116 & 00:156 & 00:096 & 01:106 & 00:276 & 00:176 & 00:16# & 01:220 & 01:256 & 00:21# & 00:376 & 00:566 & 01:300 & 00:166 & 00:266 \\ \hline 12 & Lars Bergersen & 116 & 39:12 \\ \end{array}$

02:06+ 03:18+ 05:10+ 08:00+ 08:54+ 09:28+ 10:00+ 12:28+ 13:29+ 14:55+ 15:51+ 18:38+ 22:40+ 26:49+ 29:37+ 32:38+ 35:05+ 37:05+ 37:56+ 39:12+ 02:06+ 01:12+ 01:52+ 02:50+ 00:54+ 00:34+ 00:32+ 02:28+ 01:01+ 01:26+ 00:56+ 02:47+ 04:02+ 04:09+ 02:48+ 03:01+ 02:27+ 02:00+ 00:51+ 01:16+ 01:37@ 00:14# 00:28& 01:16& 00:15& 00:16& 00:08& 00:51& 00:28& 00:38& 00:20& 00:27# 02:43@ 02:13@ 00:31# 01:14& 00:51& 00:47& 00:20& 00:38&

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18	Kjell C				15.251	_	27	10.221	21.201	22.251	25.121	27.501	43:24	-	27.471	20.501	41.241	42.101	12.241
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	strekkti				00.210	00.200	01.104	00.204	00.114	00.224	00.11	02.020	10.010	00.114	00.221	01.100	00.224	00.204	00.014
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5 Terje Stokkeland 69 32:18 00:45+ 02:02+ 03:25+ 06:02+ 06:52+ 07:15+ 07:54+ 10:35+ 11:25+ 13:43+ 16:14+ 18:27+ 21:39+ 24:14+ 26:37+ 28:46+ 30:30+ 31:05+ 32:18+ 00:45+ 01:17+ 01:23+ 02:37+ 00:50+ 00:39+ 02:41+ 00:50+ 01:12+ 02:11+ 02:13+ 03:12+ 02:35+ 02:23+ 02:29+ 01:44+ 00:35 01:13+ 00:04+ 00:21& 00:17& 00:21# 00:02# 00:11 00:50& 00:09# 00:25& 00:05+ 00:24# 00:34# 00:23# 00:22# 00:21# 00:22# 00:21# 00:23# 00:22# 00:23# 00:22# 00:23# 00:22# 00:23# 00:22# 00:23# 00:22# 00:23# 00:22# 00:23# 00:22# 00:23# 00:22# 00:23# 00:22# 00:23# 00:22# 00:23# 00:22# 00:23# 00:22# <td

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							02:20+												
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9	Tore	R. Tv	edt			1	53						36:3 [,]	1					
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							02:19+												
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							02:33+ 00:42&												
	-				-			00:23&	00:10%	00:11#	00:23#	00:28&		_	00:38%	01:27&	00:40&	00:19&	00:13%
11			ne Han				92 12:25+	12.24	14.45.	15.401	10.251	21.271	37:30	-	21.021	22.21	25.21	26.14	27.201
							02:50+												
							00:59&												
12	Svei	nung	Tveit			-	236						37:42	2					
				08:25+	08:54+		12:04+	12:51+	14:12+	15:08+	17:55+	22:20+		_	31:57+	34:08+	36:04+	36:45+	37:42+
							02:29+												
00:06#	00:47&	00:31&	00:38&	00:42&	00:08&	00:13&	00:38&	00:06#	00:19&	00:11#	00:21#	02:360	00:57&	00:54&	00:55&	00:23#	00:40&	00:03+	00:09#
13			speda				115						38:2′	-					
							13:08+												
							02:28+ 00:37&												
	-		-	00.00#	00.09&			00.07#	02.146	00.00#	00.420	00.410		_	00.554	00.520	00.270	00.05#	00.144
14		Hetlan		08.06+	00.11+		12:04+	12.5/+	14.08+	15.05+	17.40+	20.05+	39:28		34.40+	36.331	37.501	38.3/+	30.281
							02:30+												
							00:39&												
15	Svei	n Ims				(65						41:24	4					
			07:15+	08:19+	08:58+		12:26+	13:40+	15:42+	16:53+	19:51+	23:14+		-	33:58+	37:08+	39:02+	40:07+	41:24+
							02:44+												
00:09#			-				00:53&	00:33&	01:00&	00:26&	00:32#	01:34&		_	00:49&	01:22&	00:38&	00:27&	00:29&
16			r Gun				29						41:4	-					
							18:05+ 02:37+												
							02:37+												
17	-	Arend	-				116						43:00	-					
				09:49+	10:35+		14:13+	15:27+	17:11+	18:28+	21:29+	24:42+		-	35:35+	38:38+	40:41+	41:40+	43:06+
							02:50+												
00:18&	01:140	00:48&	01:05&	00:430	00:250	00:20&	00:59&	00:33&	00:42&	00:32&	00:35#	01:24&	01:43&	01:18&	01:01&	01:15&	00:47&	00:21&	00:38&
18	Rolf	Klepp	е			(63						44:1	5					
							14:32+												
							02:49+ 00:58&												
		_	-	00:32@	00:270			00:20@	00:40&	01:000	00:57&	01:00@		_	01:140	U1:23α	01:406	00:210	00.374
19				11.201	12.00		15:29+	16.05.	10.201	10.27	22.24	26.10	45:07		26.41.	20.10	41.50	42.201	45.07
							02:37+												
							00:46&												
20	Agna	ar Lier	า				7						47:59	9					
			-	12:28+	13:03+	13:45+	16:48+	17:53+	20:04+	21:16+	24:42+	27:48+		-	39:53+	42:51+	45:24+	46:28+	47:59+
							03:03+												
		_		00:34&	00:14&		01:12&	00:24&	01:090	00:27&	01:00&	01:17&			01:37&	01:10&	01:170	00:26&	00:43&
21		nar Ba					105						1:03:						
							18:45+												
							02:45+ 00:54&												
00:470	01.210	02.090	01.4/8	00.000	00.200	01:106	00:048	00.238	00.070	00.270	00.408	00.000	UZ.240	00.428	00.318	00.320	00.438	00.04#	01.110

Side:20

Klasse

Tid

Beste strekktid for klassen

00:30 00:56 01:03 02:16 00:42 00:21 00:23 01:34 00:37 00:51 00:37 01:58 01:33 02:38 02:11 01:50 01:47 01:09 00:33 00:48

= Som klassevinner, - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Herrer 70 - 74 år

Harry Breiland 28:25 1 66 00:45= 01:53= 03:03= 05:25= 06:11= 06:34= 07:02= 09:00= 09:40= 10:48= 11:38= 13:47= 15:53= 18:51= 21:21= 23:30= 25:25= 26:53= 27:30= 28:25= 26:53= 27:30= 26:25= 26:53= 27:30= 28:25= 26:53= 27:30= 28:25= 26:53= 27:30= 28:25= 26:53= 27:30= 28:25= 26:53= 27:30= 26:25= 26:53= 26:53= 27:30= 27:30= 26:53= 27:30= 27: 00:45= 01:08= 01:10= 02:22= 00:46= 00:23= 00:28= 01:58= 00:40= 01:08= 00:50= 02:09= 02:06= 02:58= 02:30= 02:09= 01:55= 01:28= 00:37= 00:55= 00: 00:00= 00: 2 128 33:56 Ragnvald Frøvland 00:50+ 02:03+ 03:31+ 06:04+ 06:58+ 07:24+ 07:59+ 10:15+ 11:09+ 12:27+ 13:24+ 16:39+ 18:57+ 21:55+ 24:39+ 27:03+ 29:21+ 31:10+ 32:55+ 33:56+ 00:50+ 01:13+ 01:28+ 02:33+ 00:54+ 00:26+ 00:35+ 02:16+ 00:54+ 01:18+ 00:57+ 03:15+ 02:18+ 02:58= 02:44+ 02:24+ 02:24+ 02:18+ 01:49+ 01:45+ 01:01+ 00:05# 00:05+ 00:18& 00:11+ 00:08# 00:07# 00:18# 00:14& 00:10# 00:07# 01:06& 00:12+ 00:00= 00:14+ 00:15# 00:23# 00:21# 01:08@ 00:06# 53 3 Arne Østensen 35:03 00:41- 02:13+ 03:30+ 07:04+ 07:57+ 08:28+ 09:08+ 11:34+ 12:42+ 13:59+ 14:54+ 17:11+ 19:51+ 23:17+ 25:51+ 28:48+ 31:17+ 33:03+ 33:56+ 35:03+ 00:41- 01:32+ 01:17+ 03:34+ 00:53+ 00:31+ 00:40+ 02:26+ 01:08+ 01:17+ 00:55+ 02:17+ 02:40+ 03:26+ 02:34+ 02:57+ 02:29+ 01:46+ 00:53+ 01:07+ 00:04- 00:24& 00:07# 01:12& 00:07# 00:08& 00:12& 00:28# 00:28& 00:09# 00:05# 00:08+ 00:34& 00:28# 00:04+ 00:48& 00:34& 00:18# 00:16& 00:12# 35:35 Kiell Svihus 154 4 00:46+ 02:11+ 03:51+ 06:51+ 08:01+ 08:36+ 09:11+ 11:52+ 12:43+ 14:03+ 14:57+ 17:50+ 20:11+ 23:27+ 26:42+ 29:34+ 31:58+ 33:42+ 34:30+ 35:35+ 00:46+ 01:25+ 01:40+ 03:00+ 01:10+ 00:35+ 00:35+ 02:41+ 00:51+ 01:20+ 00:54+ 02:53+ 02:21+ 03:16+ 03:15+ 02:52+ 02:24+ 01:44+ 00:48+ 01:05+ 00:01+ 00:17# 00:30& 00:38& 00:24& 00:12& 00:07# 00:43& 00:11& 00:12# 00:04+ 00:44& 00:15# 00:18# 00:45& 00:43& 00:29& 00:16# 00:11& 00:10# 88 Jan Inge Lunde 5 35:41 00:50+ 02:21+ 03:51+ 06:40+ 07:44+ 08:19+ 08:59+ 11:36+ 12:30+ 14:01+ 15:03+ 17:49+ 20:11+ 23:27+ 26:48+ 29:31+ 32:14+ 33:53+ 34:40+ 35:41+ 00:50+ 01:31+ 01:30+ 02:49+ 01:04+ 00:35+ 00:40+ 02:37+ 00:54+ 01:31+ 01:02+ 02:46+ 02:22+ 03:16+ 03:21+ 02:43+ 02:43+ 01:39+ 00:47+ 01:01+ 00:05# 00:23& 00:20& 00:27# 00:18& 00:12& 00:12& 00:39& 00:14& 00:23& 00:12# 00:37& 00:16# 00:18# 00:51& 00:34& 00:48& 00:11# 00:10& 00:06# 6 Paul A. Paulsen 117 36:11 00:42- 01:46- 03:09+ 06:28+ 07:46+ 08:23+ 09:17+ 11:29+ 12:27+ 13:39+ 14:31+ 17:08+ 19:21+ 24:26+ 27:01+ 30:03+ 32:38+ 34:20+ 35:08+ 36:11+ 00:42- 01:04- 01:23+ 03:19+ 01:18+ 00:37+ 00:54+ 02:12+ 00:58+ 01:12+ 00:52+ 02:37+ 02:13+ 05:05+ 02:35+ 03:02+ 02:35+ 01:42+ 00:48+ 01:03+ 00:03- 00:04- 00:13# 00:57& 00:32& 00:14& 00:26& 00:14# 00:18& 00:04+ 00:02+ 00:28# 00:07+ 02:07& 00:05+ 00:53& 00:40& 00:14# 00:11& 00:08# 7 Jostein Tunheim 116 36:26 03:57+ 05:06+ 06:51+ 09:48+ 11:01+ 11:34+ 12:06+ 14:26+ 15:12+ 16:13+ 17:09+ 19:35+ 21:52+ 25:22+ 28:26+ 30:51+ 33:02+ 34:34+ 35:23+ 36:26+ 03:57+ 01:09+ 01:45+ 02:57+ 01:13+ 00:33+ 00:32+ 02:20+ 00:46+ 01:01- 00:56+ 02:26+ 02:17+ 03:30+ 03:04+ 02:25+ 02:11+ 01:32+ 00:49+ 01:03+ 03:120 00:01+ 00:35* 00:35* 00:27& 00:10& 00:04# 00:22# 00:06# 00:07- 00:06# 00:17# 00:11+ 00:32# 00:34# 00:16# 00:16# 00:04+ 00:12& 00:08# Olav Habbestad 41:28 8 116 00:43- 04:09+ 05:15+ 11:23+ 12:13+ 12:43+ 13:15+ 15:43+ 16:57+ 18:15+ 19:06+ 21:21+ 26:44+ 29:59+ 32:44+ 35:09+ 37:23+ 39:24+ 40:15+ 41:28+ 00:43- 03:26+ 01:06- 06:08+ 00:50+ 00:30+ 00:32+ 02:28+ 01:14+ 01:18+ 00:51+ 02:15+ 05:23+ 03:15+ 02:45+ 02:25+ 02:14+ 02:01+ 00:51+ 01:13+ 00:02- 02:180 00:04- 03:460 00:04+ 00:07& 00:04# 00:30& 00:34& 00:10# 00:01+ 00:06+ 03:170 00:17+ 00:15# 00:16# 00:19# 00:33& 00:14& 00:18& **Terie Helland** 88 9 47:44 00:51+ 02:10+ 04:11+ 12:03+ 12:28+ 13:32+ 14:26+ 15:18+ 16:05+ 16:51+ 19:14+ 20:21+ 21:43+ 22:39+ 25:18+ 27:32+ 36:06+ 38:49+ 41:25+ 43:45+ 45:48+ 46:40+ 47:44+ 00:51+ 01:19+ 02:01+ 07:52+ 00:25- 01:04+ 00:54+ 00:52- 00:47+ 00:46- 02:23+ 01:07- 01:22- 00:56- 02:39+ 02:14+ 08:34+ 02:43+ 02:43+ 02:26+ 02:03+ 00:52+ 01:04+ 00:06# 00:11# 00:51& 05:30@ 00:21- 00:41@ 00:26& 01:06- 00:07# 00:22- 01:33@ 01:02- 00:44- 02:02- 00:09+ 00:05+ 06:39@ 01:15& 01:59@ 01:25@ 02:03+ 00:52+ 01:04+ 43 51:55 10 Leif Gunnar Wikene 00:42- 02:54+ 04:43+ 15:30+ 16:13+ 17:12+ 19:59+ 20:23+ 22:52+ 23:41+ 25:06+ 26:06+ 28:49+ 32:00+ 40:18+ 43:13+ 45:31+ 48:25+ 49:59+ 50:42+ 51:55+ 00:42- 02:12+ 01:49+ 10:47+ 00:43- 00:59+ 02:47+ 00:24- 02:29+ 00:49- 01:25+ 01:00- 02:43+ 03:11+ 08:18+ 02:55+ 02:18+ 02:54+ 01:34+ 00:43- 01:13+ 00:03- 01:04& 00:39& 08:25@ 00:03- 00:36@ 02:19@ 01:34- 01:49@ 00:19- 00:35& 01:09- 00:37& 00:13+ 05:48@ 00:46& 00:23# 01:26& 00:57@ 00:12- 01:13+ 125 11 John Abrahamsen 1:24:46 01:52+ 05:15+ 14:51+ 20:16+ 22:02+ 22:49+ 24:05+ 29:06+ 31:25+ 38:27+ 40:52+ 47:45+ 53:31+ 61:59+ 68:23+ 72:48+ 77:32+ 81:28+ 83:00+ 84:46+ 01:52+ 03:23+ 09:36+ 05:25+ 01:46+ 00:47+ 01:16+ 05:01+ 02:19+ 07:02+ 02:25+ 06:53+ 05:46+ 08:28+ 06:24+ 04:25+ 04:44+ 03:56+ 01:32+ 01:46+ 01:070 02:150 08:260 03:030 01:000 00:240 00:480 03:030 01:390 05:540 01:350 04:440 03:400 05:300 03:540 02:160 02:490 02:280 00:550 00:516 Beste strekktid for klassen 00:41 01:04 01:06 02:22 00:25 00:23 00:28 00:24 00:40 00:46 00:50 01:00 01:22 00:56 02:30 02:09 01:55 01:28 00:37 00:43

= Som klassevinner, - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Herrer 75 - 79 år

Plass	Navı	า					Klasse)					Tid			
1	Hilm	ar Røt	thina				128						27:59)		
-				08:04=	12:03=			16:50=	18:13=	19:28=	24:05=	25:29=	26:52=	-	27:59=	
													01:23=			
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	
2			en Arst				115						29:51	-		
													28:44+			
													01:23= 00:00=			
00:33&					00:10+			00:10#	00:13#	00:06+	00:52#	00:01+			00:02+	
3			veland		12.27.		93	10.201	20.14	01.41.	26.121	27.401	30:33	-	20.221	
													29:11+ 01:31+			
													00:08+			
4	Hern	nann S	Skogsl	holm		1	53						31:01			
01:38+					14:24+			19:09+	20:40+	22:13+	26:48+	28:17+	29:50+		31:01+	
01:38+	02:51+	01:35-	02:02+	01:38+	04:40+	00:31-	03:22-	00:52+	01:31+	01:33+	04:35-	01:29+	01:33+	00:40-	00:31+	
00:19#	00:58&	00:26-	00:29&	00:20&	00:41#	00:07-	00:01-	00:06#	00:08+	00:18#	00:02-	00:05+	00:10#	00:04-	00:08&	
5	Steir	าar Un	dheim	1		Ę	54						33:59)		
													32:41+			
													01:33+ 00:10#			
00:13#			_	00:10#	01:13&			00:08#	00:40&	00:10#	00:01-	00:1/#		_	00:04#	
6		Husda		00 01	10 56		93	00.00	00.001	00 47	00.04	21 001	34:07		24.07.	
													32:57+ 01:37+			
													00:14#			
7			ndrang				68						35:46	_		
01:38+					14:08+			22:31+	24:10+	25:50+	31:14+	32:58+	34:27+	-	35:46+	
01:38+	02:02+	02:25+	01:53+	01:39+	04:31+	00:38=	06:42+	01:03+	01:39+	01:40+	05:24+	01:44+	01:29+	00:46+	00:33+	
00:19#	00:09+	00:24#	00:20#	00:21&	00:32#	00:00=	03:19&	00:17&	00:16#	00:25&	00:47#	00:20#	00:06+	00:02+	00:10&	
8			Borger				154						36:27			
													35:19+			
													01:32+ 00:09#			
00.11#		-		00.240	00.51#			00.00#	01.010	00.478	01.300	00.11#		-	00.03#	
9 01.35+		Garpe		10.07+	14.25+		2 9	10.51+	21.224	22.531	32.231	33.551	38:41 37:48+	-	38.11+	
													03:53+			
00:16#	00:19#	00:02+	01:17&	00:09#	00:19+	00:05#	00:13+	00:21&	00:08+	00:16#	04:530	00:08+	02:300	00:12-	00:02-	
10	Hans	s Klau	sen			(62						38:41			
	03:44+	05:15+	06:58+			17:40+	18:08+						35:54+			
													01:55+			
					00:30#			03:050	00:32&	00:53&	01:57-	03:530	00:32&	-	00:21&	00:25+
11			krettin				43						39:23	-		
													38:02+ 01:37+			
													00:14#			
12		d Thor					5						42:38	_		
				13:51+	17:57+			24:25+	26:02+	31:21+	38:11+	39:58+	41:26+		42:38+	
													01:28+			
00:04+	00:28#	00:05-	05:120	00:08#	00:07+	00:01-	01:14&	00:28&	00:14#	04:04@	02:13&	00:23&	00:05+	00:01-	00:06&	
13	Torn	nod Aa	aslid			Į	54						50:44	1		
													49:24+			
													01:39+ 00:16#			
			03:470	00:340	02:55@			00:290	01.22α	04:416	00:51#	00:21#	52:43		00:100	
14 01.59±		Værp	10.05+	13.36+	10.55+		5 2	26.25+	28.281	30.28+	45.06+	17.13+	52:4: 49:20+	-	52.431	
													49:20+ 02:07+			
													00:44&			
15	Arne	Bran	dsbero	a			29						55:09)		
02:41+	07:03+	09:50+	12:53+	15:26+		23:21+	29:59+						53:06+	54:20+		
													02:20+			
01:220	02:290	00:46&	01:30&	01:15&	03:05&	00:13&	03:15&	00:45&	01:11&	01:370	06:470	01:02&	00:57&	00:30&	00:260	

Plass	Navı	n				- F	Klasse						Tid		
16	Kjell	Lang	vik			ç	93						55:36	3	
02:21+	08:38+	13:26+	16:08+	18:35+	25:05+	25:49+	30:52+	32:16+	34:38+	39:42+	47:32+	51:37+	53:49+	54:57+	55:36+
02:21+	06:17+	04:48+	02:42+	02:27+	06:30+	00:44+	05:03+	01:24+	02:22+	05:04+	07:50+	04:05+	02:12+	01:08+	00:39+
01:02&	04:240	02:470	01:09&	01:09&	02:31&	00:06#	01:40&	00:38&	00:59&	03:490	03:13&	02:410	00:49&	00:24&	00:16&
17	Reid	ar Ma	qne Li	land		e	66						1:00:	56	
05:16+	09:01+	11:47+	15:07+	17:33+	25:33+	26:19+	34:09+	35:35+	38:08+	40:50+	54:03+	56:40+	59:05+	60:08+	60:56+
05:16+	03:45+	02:46+	03:20+	02:26+	08:00+	00:46+	07:50+	01:26+	02:33+	02:42+	13:13+	02:37+	02:25+	01:03+	00:48+
03:570	01:52&	00:45&	01:47@	01:08&	04:01@	00:08#	04:27@	00:40&	01:10&	01:27@	08:360	01:13&	01:02&	00:19&	00:250
Beste	strekk	tid for	klass	en											
01:19	01:53	01:26	01:32	01:18	03:59	00:28	00:28	00:46	01:23	01:15	02:40	01:24	01:23	00:32	00:21

Herrer 80 år og eldre

92 37:21 1 Alf Gyland 01:44= 03:43= 04:50= 09:28= 10:10= 12:27= 14:45= 15:27= 16:40= 27:08= 30:24= 32:58= 35:21= 36:13= 37:21= 37:21= 36:13= 37:21= 36:13= 37:21= 37:21= 37:21= 36:13= 37:21= 37: 01:44= 01:59= 01:07= 04:38= 00:42= 02:17= 02:18= 00:42= 01:13= 10:28= 03:16= 02:34= 02:23= 00:52= 01:08= 00:00= 00: 2 93 41:35 Sigurd Krosli 03:39+ 05:35+ 06:17+ 10:45+ 11:36+ 13:48+ 17:45+ 18:26+ 19:40+ 26:40- 34:43+ 37:14+ 39:36+ 40:31+ 41:35+ 03:39+ 01:56- 00:42- 04:28- 00:51+ 02:12- 03:57+ 00:41- 01:14+ 07:00- 08:03+ 02:31- 02:22- 00:55+ 01:04-01:550 00:03- 00:25- 00:10- 00:09# 00:05- 01:39& 00:01- 00:01+ 03:28- 04:470 00:03- 00:01- 00:03+ 00:04-Harald Vatne 67 44:20 3 01:58+ 03:53+ 05:14+ 08:41- 09:32- 11:38- 16:07+ 16:57+ 18:15+ 25:25- 37:20+ 39:41+ 42:28+ 43:19+ 44:20+ 01:58+ 01:55- 01:21+ 03:27- 00:51+ 02:06- 04:29+ 00:50+ 01:18+ 07:10- 11:55+ 02:21- 02:47+ 00:51- 01:01-00:14# 00:04- 00:14# 01:11- 00:09# 00:11- 02:11& 00:08# 00:05+ 03:18- 08:39@ 00:13- 00:24# 00:01- 00:07-63 4 Kiell Maudal 46:40 03:07+ 06:11+ 07:20+ 12:00+ 13:00+ 16:10+ 19:27+ 20:38+ 22:22+ 30:48+ 38:41+ 41:37+ 44:23+ 45:27+ 46:40+ 03:07+ 03:04+ 01:09+ 04:40+ 01:00+ 03:10+ 03:17+ 01:11+ 01:44+ 08:26- 07:53+ 02:56+ 02:46+ 01:04+ 01:13+ 01:23& 01:05& 00:02+ 00:02+ 00:18& 00:53& 00:59& 00:29& 00:31& 02:02- 04:37@ 00:22# 00:23# 00:12# 00:05+ 5 Magne Jakobsen 63 51:25 02:22+ 07:27+ 08:53+ 12:45+ 13:50+ 16:26+ 20:00+ 21:04+ 22:22+ 32:01+ 43:36+ 46:40+ 49:11+ 50:17+ 51:25+ 02:22+ 05:05+ 01:26+ 03:52- 01:05+ 02:36+ 03:34+ 01:04+ 01:18+ 09:39- 11:35+ 03:04+ 02:31+ 01:06+ 01:08= 00:38& 03:06@ 00:19& 00:46- 00:23& 00:19# 01:16& 00:22& 00:05+ 00:49- 08:19@ 00:30# 00:08+ 00:14& 00:00=

Beste strekktid for klassen

01:44 01:55 00:42 03:27 00:42 02:06 02:18 00:41 01:13 07:00 03:16 02:21 02:22 00:51 01:01

= Som klassevinner, - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

00:05+ 00:01+ 00:02# 00:12# 00:08# 00:03- 00:01+ 00:03# 00:02+ 00:00=

Herrer A

388 Markus Richter 28:58 00:39= 01:26= 02:30= 02:46= 03:28= 04:55= 05:18= 05:53= 06:26= 07:43= 08:04= 08:24= 08:41= 09:09= 11:33= 12:10= 12:54= 14:50= 15:40= 16:34= 17:38= 18:22= 19:30= 21:04= 21:27= 21:59= 16:34= 17:38= 18:22= 19:30= 21:04= 21:27= 21:59= 16:34= 17:38= 18:22= 19:30= 21:04= 21:27= 21:59= 16:34= 17:38= 18:22= 19:30= 21:04= 21:27= 21:59= 16:34= 17:38= 18:22= 19:30= 21:04= 21:27= 21:59= 16:34= 17:38= 18:22= 19:30= 21:04= 21:27= 21:59= 16:34= 17:38= 18:22= 19:30= 21:04= 21:27= 21:59= 16:34= 17:38= 18:22= 19:30= 21:04= 21:27= 21:59= 16:34= 17:38= 18:22= 19:30= 21:04= 21:27= 21:59= 16:34= 17:38= 18:22= 19:30= 21:04= 21:27= 21:59= 16:34= 17:38= 18:22= 19:30= 21:04= 21:27= 21:59= 16:34= 17:38= 18:22= 19:30= 21:04= 21:27= 21:59= 16:34= 17:38= 18:22= 19:30= 21:04= 21:27= 21:59= 16:34= 17:38= 18:22= 19:30= 21:04= 21:27= 21:59= 16:34= 17:38= 18:22= 19:30= 21:04= 21:27= 21:59= 16:34= 17:38= 18:22= 19:30= 21:04= 21:27= 21:59= 16:34= 17:38= 18:22= 19:30= 21:04= 21:27= 21:59= 10:00 00:39= 00:47= 01:04= 00:16= 00:42= 01:27= 00:23= 00:33= 01:17= 00:21= 00:20= 00:17= 00:28= 02:24= 00:37= 00:44= 01:56= 00:50= 00:54= 01:04= 01:04= 01:08= 01:34= 00:23= 00:32= 00: 00:00= 00: 22:56= 24:01= 24:15= 25:25= 26:16= 27:22= 27:48= 28:08= 28:30= 28:58= 00:57= 01:05= 00:14= 01:10= 00:51= 01:06= 00:26= 00:20= 00:22= 00:28= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 375 29:13 Fredrik Omdal 00:35- 01:28+ 02:24- 02:43- 03:19- 04:48- 05:16- 05:53= 06:22- 07:56+ 08:22+ 08:41+ 09:05+ 09:34+ 12:11+ 12:50+ 13:41+ 15:30+ 16:25+ 17:18+ 18:21+ 18:49+ 19:38+ 20:36- 21:00- 21:43-00:35- 00:53+ 00:56- 00:19+ 00:36- 01:29+ 00:28+ 00:37+ 00:29- 01:34+ 00:26+ 00:19- 00:24+ 00:29+ 02:37+ 00:39+ 00:51+ 01:49- 00:55+ 00:53- 01:03- 00:28- 00:49- 00:58- 00:24+ 00:43+ 00:04 - 00:06# 00:08 - 00:03# 00:06 - 00:02+ 00:05# 00:04 00:07 00:05# 00:05# 00:01 00:07 00:07 00:07 00:07 00:05# 00:01 00:01 00:16 00:19 00:36 00:01 00:11 00:11 00:10 00:07 00:07 00:05# 00:01 00:01 00:01 00:01 00:01 00:01 00:01 00:01 00:000 00:00 00:00 00:0 22:45- 23:51- 24:07- 25:29+ 26:28+ 27:31+ 27:58+ 28:21+ 28:45+ 29:13+ 01:02+ 01:06+ 00:16+ 01:22+ 00:59+ 01:03- 00:27+ 00:23+ 00:24+ 00:28=

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01:22+	00:54+	00:56-	00:19+	00:36-	01:31+	00:30+	00:42+	00:35+	01:41+	00:26+	00:23+	00:25+	00:34+	02:38+	00:45+	00:50+	01:50-	00:56+	01:09+	01:08+	00:29-	00:59-	01:07-	00:42+	00:51+
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											00:03#	00:07&	00:07#	00:47&	00:13&	00:28&	00:38&	00:23&	00:03+	01:01&	00:14-	00:12-	00:12-	00:07&	00:340
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02:09+	01:04+	01:22+	00:32+	00:37-	02:13+	00:40+	00:57+	00:41+	02:08+	00:30+	00:22+	00:37+	00:35+	03:19+	01:38+	00:59+	03:28+	01:03+	02:23+	02:12+	00:35-	01:07-	01:34=	00:34+	04:10+		
01:300	00:17&	00:18&	00:16&	00:05-	00:46&	00:17&	00:22&	00:08#	00:51&	00:09&	00:02#	00:200	00:07#	00:55&	01:01@	00:15&	01:32&	00:13&	01:290	01:080	00:09-	00:01-	00:00=	00:11&	03:380		
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Herrer B

93 1 Aart Joakim in't Veld 33:45 00:45= 01:40= 02:38= 02:58= 03:40= 05:17= 05:48= 06:29= 07:03= 08:31= 08:58= 09:24= 09:51= 10:33= 13:24= 14:03= 14:59= 17:35= 18:35= 19:18= 20:27= 20:58= 21:56= 23:02= 24:05= 25:07= 20:258= 21:56= 23:02= 24:05= 25:07= 25 00:45= 00:55= 00:58= 00:20= 00:42= 01:37= 00:31= 00:31= 00:34= 01:28= 00:27= 00:27= 00:42= 02:51= 00:39= 00:56= 02:36= 01:00= 00:43= 01:09= 00:31= 00:58= 01:06= 01:03= 01:02= 00:42= 01:00= 00:40= 00:40= 00: 00:00= 00: 26:16= 27:36= 27:53= 29:15= 30:35= 31:51= 32:22= 32:45= 33:15= 33:45= 01:09= 01:20= 00:17= 01:22= 01:20= 01:16= 00:31= 00:23= 00:30= 00:30= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 67 2 33:51 Joar Eilevstiønn 01:34+ 02:26+ 03:31+ 03:53+ 04:28+ 06:10+ 06:44+ 07:29+ 08:07+ 09:52+ 10:22+ 10:50+ 11:17+ 11:47+ 14:40+ 15:21+ 16:13+ 18:20+ 19:15+ 19:56+ 21:01+ 21:43+ 22:46+ 24:23+ 24:48+ 25:28+ 01:34+ 00:52- 01:05+ 00:22+ 00:35- 01:42+ 00:34+ 00:45+ 00:38+ 01:45+ 00:30+ 00:28+ 00:27= 00:30- 02:53+ 00:41+ 00:52- 02:07- 00:55- 00:41- 01:05- 00:42+ 01:03+ 01:37+ 00:25- 00:40-00:490 00:03- 00:07# 00:07# 00:07+ 00:05+ 00:05+ 00:03+ 00:04+ 00:04# 00:17# 00:03# 00:02+ 00:02= 00:12- 00:02+ 00:02+ 00:04- 00:29- 00:05- 00:04- 00:11& 00:05+ 00:31& 00:38- 00:22-26:28+ 27:39+ 28:05+ 29:26+ 30:36+ 32:04+ 32:33+ 32:58+ 33:21+ 33:51+ 01:00- 01:11- 00:26+ 01:21- 01:10- 01:28+ 00:29- 00:25+ 00:23- 00:30= 00:09- 00:09- 00:09& 00:01- 00:10- 00:12# 00:02- 00:02+ 00:07- 00:00= 3 66 34:20 Magnus Landstad 00:34- 01:35- 02:40+ 03:01+ 03:56+ 05:36+ 06:08+ 06:57+ 07:50+ 09:33+ 10:01+ 10:22+ 10:49+ 11:23+ 14:19+ 15:06+ 16:04+ 18:29+ 19:26+ 20:15+ 22:05+ 22:40+ 23:38+ 24:54+ 25:26+ 26:14+ 00:34- 01:01+ 01:05+ 00:21+ 00:55+ 01:40+ 00:32+ 00:49+ 00:53+ 01:43+ 00:28+ 00:21- 00:27= 00:34- 02:56+ 00:47+ 00:58+ 02:25- 00:57- 00:49+ 01:50+ 00:35+ 00:58= 01:16+ 00:32- 00:48-00:11- 00:06# 00:07# 00:01+ 00:13& 00:03+ 00:01+ 00:08# 00:19& 00:15# 00:01+ 00:05- 00:08- 00:05+ 00:08# 00:02+ 00:11- 00:03- 00:06# 00:41& 00:04# 00:00= 00:10# 00:31- 00:14-27:20+ 28:39+ 28:55+ 30:13+ 31:14+ 32:28+ 32:57+ 33:23+ 33:49+ 34:20+ 01:06- 01:19- 00:16- 01:18- 01:01- 01:14- 00:29- 00:26+ 00:26- 00:31+ 00:03- 00:01- 00:01- 00:04- 00:19- 00:02- 00:02- 00:03# 00:04- 00:01+ 353 34:53 Kim Richter 00:36- 01:34- 02:39+ 03:00+ 03:46+ 05:45+ 06:12+ 06:53+ 07:36+ 09:20+ 09:50+ 10:14+ 10:34+ 11:04+ 14:11+ 14:55+ 15:50+ 18:10+ 19:09+ 20:55+ 22:07+ 22:36+ 23:34+ 24:55+ 25:30+ 26:14+ 00:36- 00:58+ 01:05+ 00:21+ 00:46+ 01:59+ 00:27- 00:41= 00:43+ 01:44+ 00:30+ 00:20- 00:30- 03:07+ 00:44+ 00:55- 02:20- 00:59- 01:46+ 01:12+ 00:29- 00:58= 01:21+ 00:35- 00:44+ 00:09- 00:03+ 00:07# 00:01+ 00:04+ 00:22# 00:04- 00:09= 00:09& 00:16# 00:03# 00:02- 00:07- 00:12- 00:16+ 00:05# 00:01- 00:16- 00:01- 01:03@ 00:03+ 00:02- 00:09= 00:15# 00:28- 00:18-27:26+ 28:42+ 29:03+ 30:24+ 31:36+ 32:55+ 33:26+ 33:53+ 34:20+ 34:53+ 01:12+ 01:16- 00:21+ 01:21- 01:12- 01:19+ 00:31= 00:27+ 00:27- 00:33+ 00:03+ 00:04- 00:04# 00:01- 00:08- 00:03+ 00:00= 00:04# 00:03- 00:03# 35:01 5 Stein Arne Olsen 68 00:37- 01:57+ 03:04+ 03:24+ 04:12+ 06:03+ 06:50+ 07:32+ 08:09+ 09:49+ 10:22+ 10:44+ 11:07+ 11:43+ 14:52+ 15:40+ 16:42+ 18:56+ 19:57+ 20:55+ 22:06+ 22:37+ 23:40+ 24:46+ 25:14+ 26:03+ 00:37- 01:20+ 01:07+ 00:20= 00:48+ 01:51+ 00:47+ 00:47+ 00:42+ 00:37+ 01:40+ 00:33+ 00:22- 00:23- 00:36- 03:09+ 00:48+ 01:02+ 02:14- 01:01+ 00:58+ 01:11+ 00:31= 01:03+ 01:06= 00:28- 00:49-00:08- 00:25& 00:09# 00:06# 00:14# 00:16& 00:01+ 00:03+ 00:12# 00:06# 00:04- 00:04- 00:06- 00:18# 00:06# 00:02+ 00:01+ 00:15& 00:02+ 00:00= 00:05+ 00:03- 00:13-27:14+ 28:35+ 29:01+ 30:31+ 31:51+ 33:06+ 33:36+ 34:01+ 34:30+ 35:01+ 01:11+ 01:21+ 00:26+ 01:30+ 01:20= 01:15- 00:30- 00:25+ 00:29- 00:31+ 00:02+ 00:01+ 00:09& 00:08+ 00:00= 00:01- 00:01- 00:02+ 00:01- 00:01+ Geir Sand 105 35:13 00:33- 01:29- 02:36- 03:01+ 03:43+ 05:30+ 06:05+ 06:50+ 07:23+ 09:07+ 09:35+ 10:00+ 10:24+ 10:55+ 13:50+ 14:40+ 15:39+ 17:59+ 19:02+ 20:12+ 21:55+ 22:27+ 23:29+ 24:40+ 25:20+ 26:05+ 00:33- 00:56+ 01:07+ 00:25+ 00:42= 01:47+ 00:35+ 00:45+ 00:33- 01:44+ 00:28+ 00:25- 00:24- 00:31- 02:55+ 00:50+ 00:59+ 02:20- 01:03+ 01:10+ 01:43+ 00:32+ 01:02+ 01:11+ 00:40- 00:45-00:12- 00:01+ 00:09# 00:05# 00:00= 00:10# 00:04+ 00:01- 00:16# 00:01+ 00:01- 00:03- 00:11- 00:04+ 00:11& 00:03+ 00:27& 00:34& 00:01+ 00:04+ 00:05+ 00:23- 00:17-27:16+ 28:35+ 28:59+ 30:33+ 31:48+ 33:08+ 33:37+ 34:07+ 34:43+ 35:13+ 01:11+ 01:19- 00:24+ 01:34+ 01:15- 01:20+ 00:29- 00:30+ 00:36+ 00:30= 00:02+ 00:01- 00:07& 00:12# 00:05- 00:04+ 00:02- 00:07& 00:06# 00:00= 36:20 7 Jan-Rune L. Basso 91 00:35- 01:37- 02:45+ 03:10+ 03:55+ 05:50+ 06:22+ 07:15+ 07:56+ 09:49+ 10:19+ 10:43+ 11:08+ 11:41+ 14:33+ 15:28+ 16:29+ 18:54+ 19:51+ 20:42+ 23:09+ 23:41+ 24:45+ 26:02+ 26:33+ 27:23+ 00:35- 01:02+ 01:08+ 00:25+ 00:45+ 01:55+ 00:32+ 00:53+ 00:41+ 01:53+ 00:30+ 00:25- 00:25- 00:55+ 01:01+ 02:25- 00:57- 00:57+ 02:27+ 00:32+ 01:04+ 01:17+ 00:31- 00:50-00:10- 00:07# 00:10# 00:03+ 00:03+ 00:18# 00:01+ 00:12& 00:07# 00:25& 00:03# 00:02- 00:02- 00:09- 00:01+ 00:16& 00:05+ 00:11- 00:03- 00:08# 01:18@ 00:01+ 00:06# 00:11# 00:32- 00:12-28:31+ 29:53+ 30:11+ 31:34+ 32:55+ 34:15+ 34:47+ 35:15+ 35:47+ 36:20+ 01:08- 01:22+ 00:18+ 01:23+ 01:21+ 01:20+ 00:32+ 00:28+ 00:32+ 00:33+ 00:01- 00:02+ 00:01+ 00:01+ 00:04+ 00:01+ 00:05# 00:02+ 00:03#

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	01:09+																								
	00:14& 30:49+									00:02+	00:03-	00:01-	00:01-	00:23#	00:11%	00:10#	00:13-	00:04+	01:260	00:15#	00:01-	00:00=	00:10#	00:32-	00:10-
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-	01:45+				06:23+			09:55+	11:58+	12:29+	13:31+	13:57+		-	18:36+	19:44+	22:15+	23:17+	25:12+	26:38+	27:13+	28:17+	29:40+	30:41+	31:37+
	01:09+																								
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	01:24+																								
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01:10+	01:31+ 00:11#																								

Klasse

Tid

Beste strekktid for klassen

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= Som klassevinner, - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Herrer C

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3 Jan Einar Øvremo 50 34:14 02:21+ 03:30+ 04:38+ 07:02+ 08:49+ 09:48+ 11:16+ 13:11+ 13:43+ 14:07+ 15:42+ 18:03+ 18:35+ 19:28+ 20:32+ 21:38+ 23:25+ 23:52+ 25:49+ 27:37+ 29:15+ 30:29+ 31:59+ 32:12+ 33:10+ 33:43+ 02:21+ 01:09+ 01:08+ 02:24+ 01:47+ 00:59+ 01:28+ 01:55+ 00:32+ 00:24+ 01:35+ 02:21- 00:32+ 00:53+ 01:04+ 01:06+ 01:47- 00:27= 01:57+ 01:48+ 01:38+ 01:14+ 01:30+ 00:13- 00:58+ 00:33+ 00:22# 00:18& 00:08# 00:13+ 00:14# 00:02+ 00:23& 00:05+ 00:03# 00:01+ 00:19# 00:06- 00:08& 00:22& 00:19& 00:10# 00:24- 00:00= 00:07+ 00:21# 00:16# 00:12# 00:21& 00:02- 00:15& 00:02+ 34:14+ 00:31-

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5 Oldmund Nordgård 105 34:58 02:36+ 03:30+ 04:45+ 07:10+ 08:53+ 09:51+ 11:18+ 13:35+ 14:06+ 14:30+ 15:55+ 18:27+ 18:57+ 19:34+ 20:32+ 21:56+ 24:07+ 24:37+ 26:29+ 28:17+ 29:49+ 31:09+ 32:43+ 32:58+ 33:54+ 34:23+ 02:36+ 00:54+ 01:15+ 02:25+ 01:43+ 00:58+ 01:27+ 02:17+ 00:31+ 00:24+ 01:25+ 02:32+ 00:30+ 00:37+ 00:58+ 01:24+ 02:11= 00:30+ 01:52+ 01:48+ 01:32+ 01:20+ 01:34+ 00:15= 00:56+ 00:29-00:37& 00:03+ 00:15# 00:14# 00:10# 00:01+ 00:22& 00:27# 00:02+ 00:01+ 00:09# 00:05+ 00:06# 00:13& 00:28& 00:00= 00:03# 00:02+ 00:21# 00:10# 00:18& 00:25& 00:00= 00:13& 00:02-34:58+ 00:35+

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02:43+	01:04+	01:17+	02:48+	01:53+	01:10+	01:57+	02:36+	00:36+	00:28+	01:38+	02:42+	00:41+	00:26-	00:53+	01:22+	02:38+	00:32+	02:15+	02:06+	01:52+	01:43+	01:28+	00:28+	01:15+	00:41+
00:44& 39:47+	00:13&	00:17&	00:37&	00:20#	00:13#	00:52&	00:46&	00:07#	00:05#	00:22&	00:15#	00:17&	00:05-	00:08#	00:26&	00:27#	00:05#	00:25#	00:39&	00:30&	00:41&	00:19&	00:13&	00:32&	00:10&
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8	Jan	Erik S	vverts	en		ļ	51						27:36	5
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9	Rog	er Nys	eth			9	92						28:16	6
	03:12-	03:47-	06:25-				11:46+							
							00:37+							
00:50-	00:18&	00:02-	00:30#	00:12&	00:38&		00:03+	00:22&	01:05&	00:33#	00:44&	00:39&	00:17&	00:27&
10	Per	Jan Er	sland			4	43						28:24	1
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12		Salve		07.001	00.451		12:22+	12.221	10.121	22.21	24.241	26.221	29:5	
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00:07+	00:24&	00:02+	00:54&	00:11&	00:50&	00:06-	00:10&	00:20&	01:41&	00:42&	00:31&	00:25&	00:10&	00:08#
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15		el Thu	-				384						30:50	-
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				00.02	00.001			00.021	01.100	00.196	00.10	00.00		
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				08:43+	10:38+		14:18+	15:24+	20:49+	25:56+	28:00+	29:37+		
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18	Inge	Arild	Lekne	s		-	376						31:39)
					11:15+		14:30+	15:23+	19:26+	22:45+	25:00+	28:46+		
03:22+	02:14+	01:03+	02:14+	00:53+	01:29+	02:35+	00:40+	00:53+	04:03-	03:19+	02:15+	03:46+	01:11+	01:42+
00:48&	01:04&	00:26&	00:06+	00:23&	00:07+	00:27#	00:06#	00:09#	00:11-	00:42&	00:30&	02:080	00:33&	00:550
19	Eirik	Løvå	sen			9	98						31:42	2
							19:04+							
							00:38+							
05:280	01:00&	00:06#	00:20#	00:03#	00:30&	00:30#	00:04#	00:19&	00:04-	00:17#	00:10+	00:30-	00:02+	00:01+

Plass	Navr	า					Klasse						Tid	
		-	aland				98						32:19	2
20				08·34+	10.42+		13:57+	15.42+	22.03+	25.37+	28.03+	30.12+		
							00:56+							
00:57-	00:44&	00:16&	01:19&	00:13&	00:46&	00:11+	00:22&	01:010	02:07&	00:57&	00:41&	00:31&	00:20&	00:22&
21	Svei	n Sive	rtsen			•	115						32:28	3
							12:42+							
							00:44+ 00:10&							
	-			00:01-	00.400			00:210	02:33&	02:310	00:30&	00:300		
22				08.47+	10.35+		47 13:30+	14.27+	23.06+	26.24+	28.31+	30.201	32:3	-
							00:50+							
00:40-	01:140	00:11&	00:48&	00:15&	00:26&	00:03-	00:16&	00:13&	04:250	00:41&	00:22#	00:20#	00:16&	00:25&
23	Eivir	nd Gje	stelan	d			136						35:0 ⁻	1
							15:43+							
							00:37+ 00:03+							
			-		00:10#			00:01+	02:14&	05:050	00:12-	00:15-		
24					10.53+		111 15:47+	16.57+	25.15+	28.581	31.20+	33.151	35:12	_
							00:46+							
00:38-	00:35&	00:06#	01:54&	00:02+	00:33&	02:00&	00:12&	00:26&	04:04&	01:06&	00:37&	00:17#	00:15&	00:17&
25	Per l	Kolbei	n Ton	stad		(66						35:34	1
							16:18+							
							00:47+ 00:13&							
				00:14&	00:39&			00:33&	03:12&	00:00%	00:50&	00:34&		_
26				09.16+	11.35+		381 15:48+	16.17+	22.15+	31.09+	33.20+	31.111	36:48	
							00:44+							
00:10-	00:50&	00:30&	00:55&	00:12&	00:57&	01:21&	00:10&	00:15&	01:14&	06:170	00:26#	00:14-	00:24&	00:15&
27	Tom	Lever	raas			9	93						37:49	3
							16:22+							
							00:58+ 00:24&							
				00:09@	00:30@			00:30%	02.440	00.410	00:11#	00:07+		_
28		1 Thor		09.51+	12.14+	-	51 15:17+	16.32+	24.00+	31.13+	33.361	36.05+	38:07	-
							00:49+							
00:17#	00:50&	00:18&	01:13&	00:17&	00:58&	00:06+	00:15&	00:31&	03:14&	04:360	00:38&	00:51&	00:26&	00:11#
29	lvar .	Aalbu				2	29						38:20	3
							15:04+							
							00:44+ 00:10&							
		un Siø		00.104	00.434		111	00.240	00.100	00.210	00.424	00.200	38:33	_
30 01:55-				09:34+	12:18+		15:38+	16:37+	23:16+	31:15+	33:38+	36:09+		
							00:44+							
00:39-	00:45&	00:10&	02:08&	00:11&	01:22&	00:28#	00:10&	00:15&	02:25&	05:220	00:38&	00:53&	00:37&	00:22&
31	Tor I	Harald	Lund	е		4	47						38:34	4
							14:33+							
							00:48+ 00:14&							
32		Jarle S		00.104	00.004		29	00.240	00.100	00.100	00.544	00.400	39:07	_
				09:21+	11:30+	_	14:46+	15:46+	21:54+	32:15+	34:48+	37:03+		-
							00:54+							
							00:20&							
33	Joar	Fand	rem			9	94						39:5	5
							12:43+							
							00:49+ 00:15&							
34					00.000		51	00.020	02.000	00.408	00.000	00.200	40:0	
			asmus 11:13+		14:15+		17:16+	18:31+	25:59+	33:14+	35:34+	37:55+		
02:37+	02:27+	01:39+	04:30+	00:44+	02:18+	02:15+	00:46+	01:15+	07:28+	07:15+	02:20+	02:21+	01:03+	01:05+
00:03+	01:170	01:020	02:220	00:14&	00:56&	00:07+	00:12&	00:31&	03:14&	04:380	00:35&	00:43&	00:25&	00:18&

Plass	Navı	n					Klasse	•					Tid	
35	Kiar	tan Sta	avland			e	66						41:59)
01:16-	02:33-				11:45+	16:46+	17:19+	18:03+	30:56+	37:38+	39:17+	40:36+	41:17+	41:59+
01:16-	01:17+	00:39+	04:48+	02:15+	01:30+	05:01+	00:33-	00:44=	12:53+	06:42+	01:39-	01:19-	00:41+	00:42-
01:18-	00:07#	00:02+	02:40@	01:450	00:08+	02:530	00:01-	00:00=	08:390	04:050	00:06-	00:19-	00:03+	00:05-
36	End	re Gab	rielse	n			126						43:13	3
01:54-	03:49+	05:14+	08:40+	09:49+	12:13+	15:34+	16:33+	17:39+	29:12+	36:32+	38:45+	41:01+	42:20+	43:13+
01:54-	01:55+	01:25+	03:26+	01:09+	02:24+	03:21+	00:59+	01:06+	11:33+	07:20+	02:13+	02:16+	01:19+	00:53+
00:40-	00:45&	00:480	01:18&	00:390	01:02&	01:13&	00:25&	00:22&	07:190	04:430	00:28&	00:38&	00:410	00:06#
37	Omr	nund E	Bakkey	vold		e	68						44:10)
	05:18+				15:06+			24:51+	32:11+	37:04+	39:43+	41:59+		-
03:18+	02:00+	00:50+	04:54+	01:29+	02:35+	03:09+	05:16+	01:20+	07:20+	04:53+	02:39+	02:16+	01:00+	01:11+
00:44&	00:50&	00:13&	02:46@	00:590	01:13&	01:01&	04:420	00:36&	03:06&	02:16&	00:54&	00:38&	00:22&	00:248
38	Δrne	Hope				4	43						45:5	5
	03:33-			08:40+	10:57+			16:30+	35:20+	38:53+	41:10+	43:32+		-
	01:51+													
00:52-	00:41&	00:31&	01:05&	00:16&	00:55&	01:25&	00:19&	00:23&	14:360	00:56&	00:32&	00:44&	00:34&	00:248
39	Sver	re Uhl	vina				105						47:01	1
	04:55+			13:34+	16:08+			22:14+	32:46+	38:56+	42:11+	44:37+		
02:24-	02:31+	01:34+	06:06+	00:59+	02:34+	03:21+	01:01+	01:44+	10:32+	06:10+	03:15+	02:26+	01:14+	01:10+
00:10-	01:210	00:570	03:580	00:29&	01:12&	01:13&	00:27&	01:000	06:180	03:330	01:30&	00:48&	00:36&	00:23&
10	Arild	l Olser	า			4	4						48:37	7
02:17-	04:05+	05:29+	09:24+	10:20+	12:49+	16:11+	17:21+	18:36+	26:09+	41:24+	43:41+	46:10+	47:21+	48:37+
02:17-	01:48+	01:24+	03:55+	00:56+	02:29+	03:22+	01:10+	01:15+	07:33+	15:15+	02:17+	02:29+	01:11+	01:16+
00:17-	00:38&	00:470	01:47&	00:26&	01:07&	01:14&	00:360	00:31&	03:19&	12:380	00:32&	00:51&	00:33&	00:298
41	Erlin	ig Anil	ƙsdal			•	128						50:08	3
03:13+	05:40+	07:50+	12:53+	13:53+	17:03+	20:38+	22:01+	23:49+	33:43+	39:54+	43:32+	46:50+	48:24+	50:08+
	02:27+													
00:39&	01:170	01:330	02:550	00:30&	01:480	01:27&	00:490	01:04@	05:400	03:340	01:530	01:40@	00:560	00:57@
42	Per l	Bakke	n				5						56:54	1
02:30-	04:48+	06:29+	10:07+	10:50+	13:15+	17:58+	18:56+	20:09+	33:48+	49:10+	51:42+	54:28+	55:34+	56:54+
	02:18+													
00:04-	01:08&	01:040	01:30&	00:13&	01:03&	02:350	00:24&	00:29&	09:250	12:450	00:47&	01:08&	00:28&	00:33&
43	Inae	Grøde	em			ç	92						1:05:	30
05:13+	08:19+			21:50+	28:51+	34:08+	35:23+	37:13+	47:56+	55:24+	59:12+	62:20+	63:41+	65:30+
	03:06+													
02:390	01:560	00:580	08:420	00:360	05:390	03:090	00:410	01:060	06:290	04:510	02:030	01:30&	00:430	01:02@
44	Arne	e Karls	en				105						1:12:	35
04:03+	15:43+			23:08+	27:00+			38:11+	55:50+	61:26+	65:17+	69:19+		
	11:40+													
01:29&	10:300	00:490	02:49@	00:32@	02:30@	05:240	00:550	01:260	13:250	02:590	02:060	02:240	00:390	01:12@
Beste	strekk	tid for	[,] klass	en										
01.12	01:00	00:33	02:05	00:25	01:17	01:29	00:28	00:42	03.52	02.37	01:30	01:08	00:36	00:40